

Disease activity guided management and patient initiated appointments in rheumatoid arthritis: a randomized controlled trial

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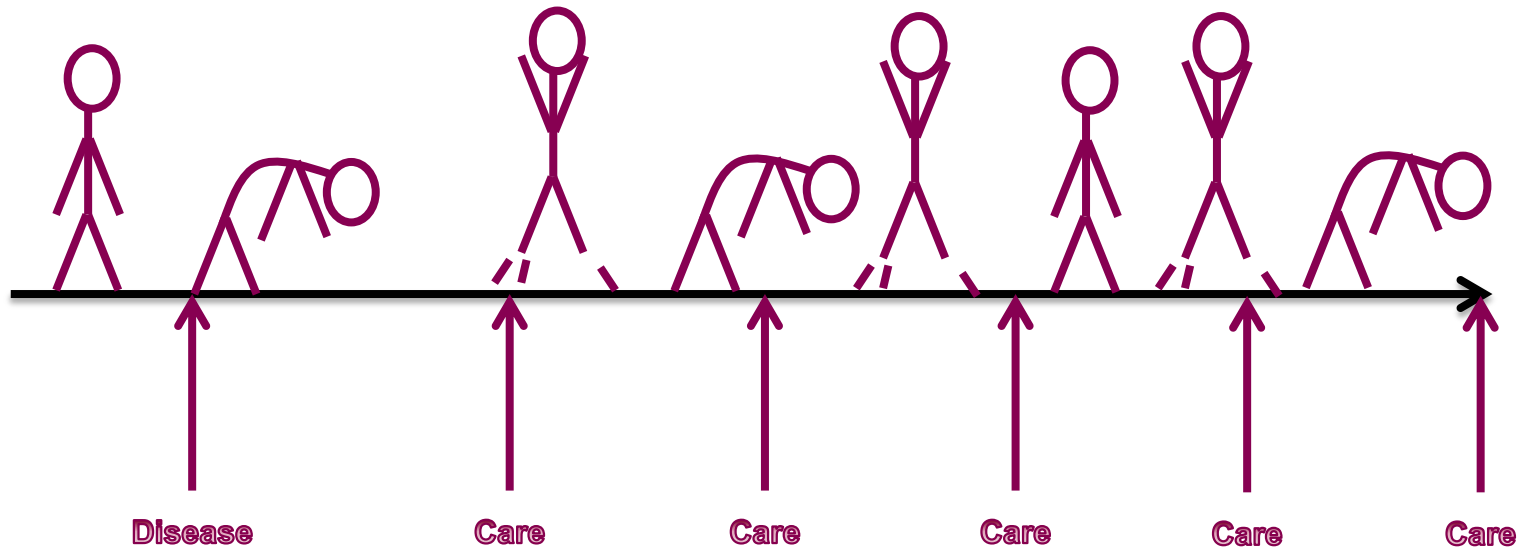
Eva Waldheim

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Background



Background

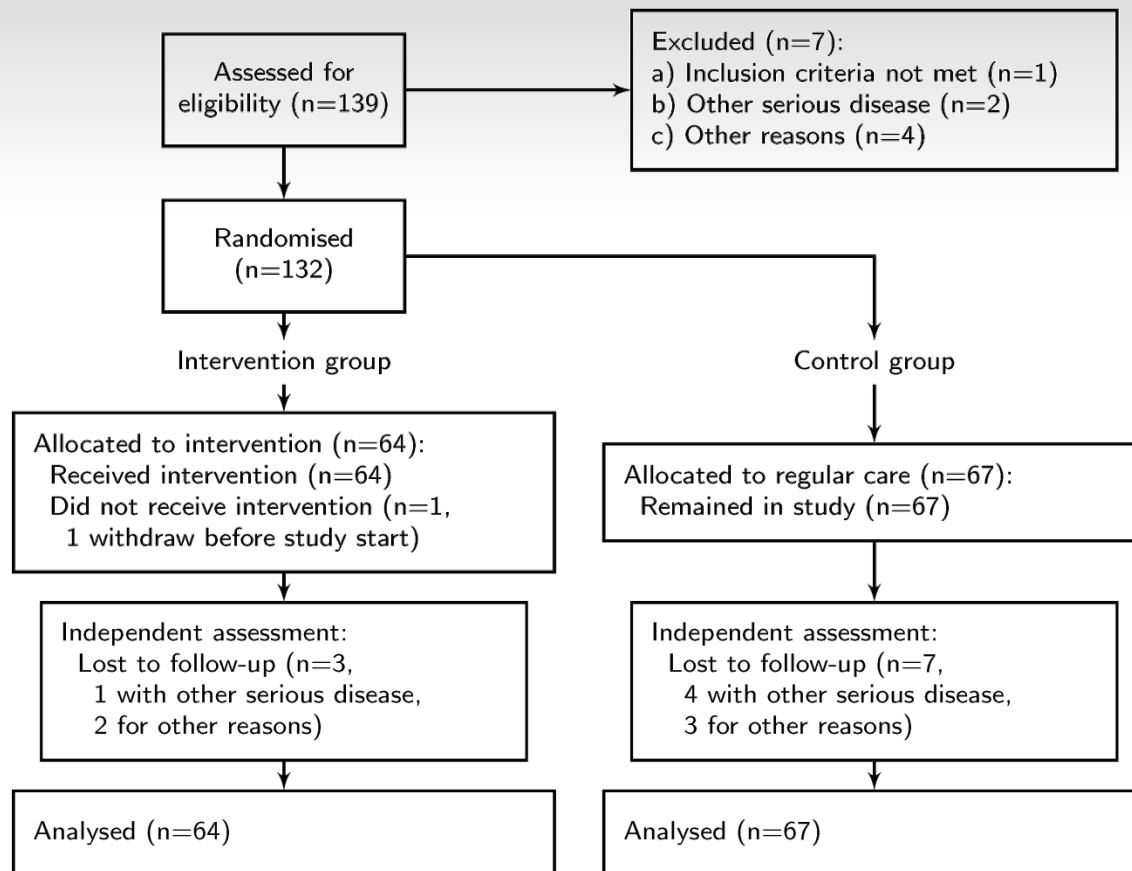


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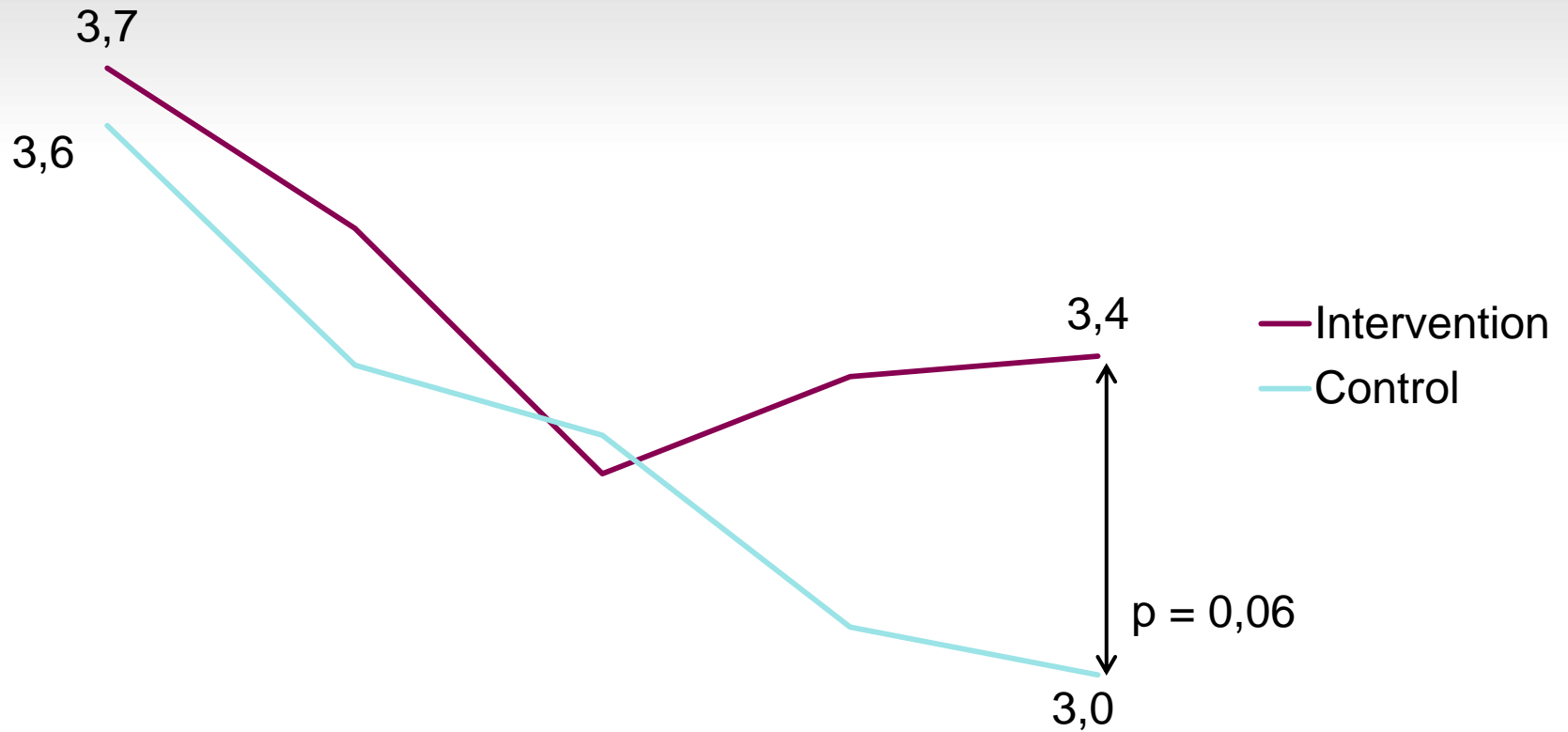
Aim

to test the hypothesis that patient clinical outcome in Rheumatoid Arthritis can be improved by implementation of a patient initiated system of care.

Methods



2. Result - Improvement of DAS28 over 1,5 year



Limits

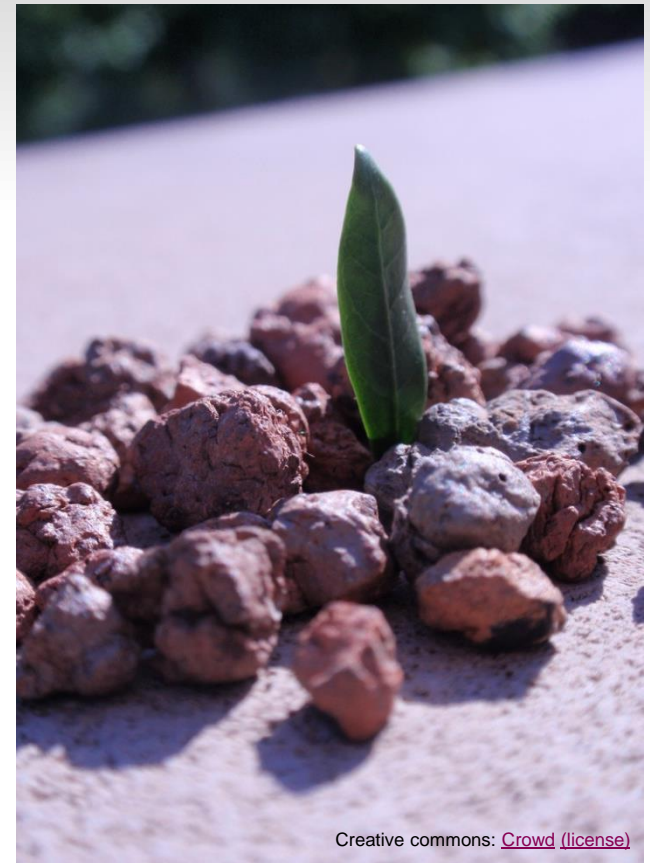
- Patients were recruited when changing rheumatologist
- The rheumatologists in the study were not blinded to group assignment.
- Does DAS28 measure what's important to patients?



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Bottom line

- A cohort including newly diagnosed RA could not replicate earlier results of outcome improvement.
- Patient initiated appointments can safely replace traditional care to empower the patient.



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Questions



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