

Center

### **A Disruptive Idea to Advance Clinical Rehabilitation Research** Lynn Gerber, MD (NIDILRR#90DP0012-01-00)



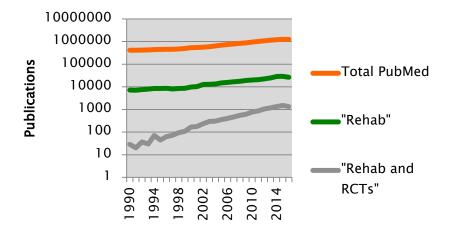


# Do You Agree?

- Randomized Controlled Trials should not be the gold standard for clinical rehabilitation research
  - Need personalized interventions that are relevant





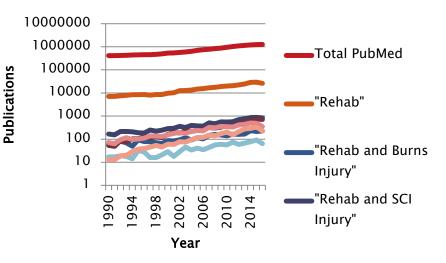


Rehabilitation research publications represent 2% of total of 2016 publications There is an increase in the number

of rehabilitation RCTs to 5% in 2016, up from <1% in 1990.

> This is no increase in RCTs for burns, or TBI research

#### PubMed Publications by Year and Search Terms (Log Scale)





# What We Would Like to See

- More intervention trials
- More functional outcome measures used
- Trials that use alternative strategies for achieving quality and relevance
- Research that incorporates more patient/caregiver input





### How to Proceed

- Change the formal systematic review criteria to include a greater variety of research designs
  - Currently being developed
- Design CCR using metrics to measure function and assess utilization and dissemination components



