# Evidence-Based Research – placing research in the context of existing knowledge: A systematic review.

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The Evidence-Based Research Network

## Evidence-Based Research (EBR) is defined as

The use of prior research in a systematic and transparent way to inform a new study so that the new study is answering questions that matter in a valid, efficient, and accessible manner.

Shortly:

No new research studies without a prior systematic review of existing evidence

## OVERALL AIM

To identify and classify all studies identifying or evaluating core aspects of the concept of Evidence-Based Research (EBR).

## SPECIFIC AIMS

- What is the current best available evidence on the impact of EBR, i.e. are systematic reviews used to support decisions to plan, fund, approve, conduct, report, and publish research? If so, are they effective?
- What is the current **best available evidence of the benefits of EBR**?
- What is the current best available evidence of harms caused by research that is not evidence-based?
- What is the current **best available evidence on the perceived or** actual adverse effects of EBR?



#### REGISTRATION

Cochrane Review Methodology Group in September 2015.

### **ELIGIBILITY CRITERIA**

- any study, original study, systematic review, or overview of systematic reviews
- evaluates investigators use of earlier research (e.g. studies, systematic reviews) when planning and/or interpreting results in the context of earlier results.



#### LITERATURE SEARCH

MEDLINE, Embase, CINAHL, Web of Science (Science Citation Index Expanded (SCI-EXPANDED)), Social Sciences Citation Index (SSCI), Arts & Humanities Citation Index (A&HCI), and Cochrane Methodology Register (CMR, Methods Studies) from inception to June 28th 2015.

#### **OTHER SOURCES**

- Reference lists of included studies
- Contact with experts within the field of EBR



## RESULTS

Given the numerous different study designs represented across the included records, we decided to prepare a Scoping Review as the first step, then 4 systematic reviews and 2 other papers.

#### **Collation of Results within the Scoping Review:**

- 1. Use of prior studies
- 2. Redundant research (includes cumulative meta-analyses)
- 3. Use of systematic reviews in planning (rationale and design)
- 4. Use of systematic reviews in placing results in context
- 5. Citation bias, including:
  - 1. Prediction of citation: outcome, quality, design
  - 2. Characteristics of those cited
  - 3. Choice of citation



The following 4 systematic reviews are under preparation, including an update of the search:

- **1.** The use of prior research in clinical trials
- 2. The risk of being a test person in a redundant study, and the number of redundant studies published within health science
- 3. The use of systematic reviews when designing a new study
- 4. The use of systematic reviews when placing new results in context



Based on the identification of relevant studies, the following are under preparation:

- 1. Reasons and motivations behind the selection of references for a new scientific paper
- 2. Bibliographic negligence and the need for researchers to be evidence-based: A historical and theoretical evaluation leading to the concept of Evidence-Based Research.

## PRELIMINARY RESULTS INDICATE

	Number of Studies	References
Continue waste in research due to irrelevant research	10 studies	Lau 1992, Lau 1995; Fergusson 2005; Juni 2004; Poolman 2007; Ker 2012; Andrade 2013; Habre 2014; Clarke 2014; Haapakoski 2015; <i>additional refs</i>
No references to all studies	5 studies	Goudie 2010; Robinson 2011; Schrag 2011; Sheth 2011; Sawin 2015; additional refs
No use or poor use of systematic review(s) in Introduction	3 studies	Goudie 2010; Clarke 2013; Jones 2013; additional refs
No use or poor use of systematic review(s) in Discussion	6 studies	Clarke 1998; Clarke 2002; Clarke 2007; Clarke 2010; Clarke 2013; Helfer 2015; <i>additional refs</i>

## PRELIMINARY RESULTS INDICATE

	Number of Studies	References
Positive, supportive, and significant studies are more often cited than negative, critical, and non-significant studies	6 studies	Gøtzsche 1987; Puder 1987; Shadish 1995; Greenberg 2009; Fiorentino 2011; Jannot 2013; Sawin 2015; Bastiaansen 2015; <i>additional refs</i>
Subjective reasons for choosing references	3 studies	MacRoberts 1986; Amancio 2012; Thornley 2015; additional refs
Do not use citations to support the studies	1 study	Pandis 2010; Jones 2013; additional refs

## DISCUSSION



- No unambiguous terms to search for, thus a challenging search
- A high number of studies were identified, even some more than 30 years old
- So far, all identified studies indicates that the conduct of research is *rarely* evidence-based

## DISCUSSION



Some of the identified studies seem to have performed their analysis because they have seen an issue here

there is a need to look for studies not presenting an already identified problem, but simply evaluating research practice in order to "measure" if there is a problem or not.

## THESE STUDIES MAY NEED TO BE DONE

## PERSPECTIVES



 Identify how, when and what (outcome) to evaluate in order to monitor the impact of an Evidence-Based Research approach when pursuing clinical research.

# **The Evidence-Based Research Network** Thank you for your attention