



8th International Conference for EBHC Teachers and Developers

The ecosystem of evidence

Connecting generation, synthesis and translation

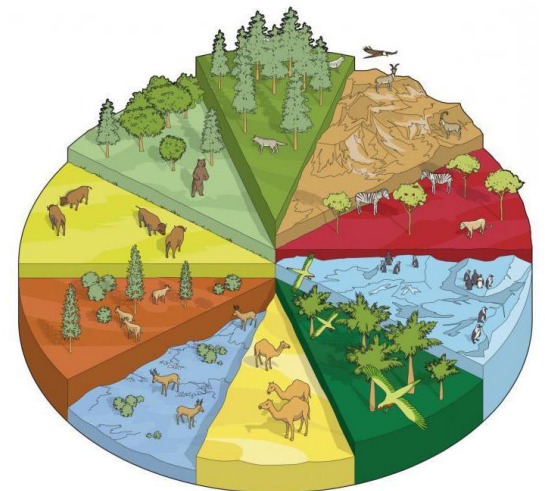
Taormina, 25th – 28th October 2017

The ecosystem of evidence: the way forward

Nino Cartabellotta
GIMBE Foundation

Ecosystem

A community of **living organisms** in conjunction with the **nonliving components** of their **environment** (air, water, mineral soil), interacting as a system





The ecosystem of evidence

An ecosystem influenced by:

- **Living organisms:** stakeholders, with their competition, collaboration and conflicts of interest
- **Environment:** social, cultural, economic, political context
- **Non living component:** evidence

Generation



The way forward

Synthesis



The way forward

Translation



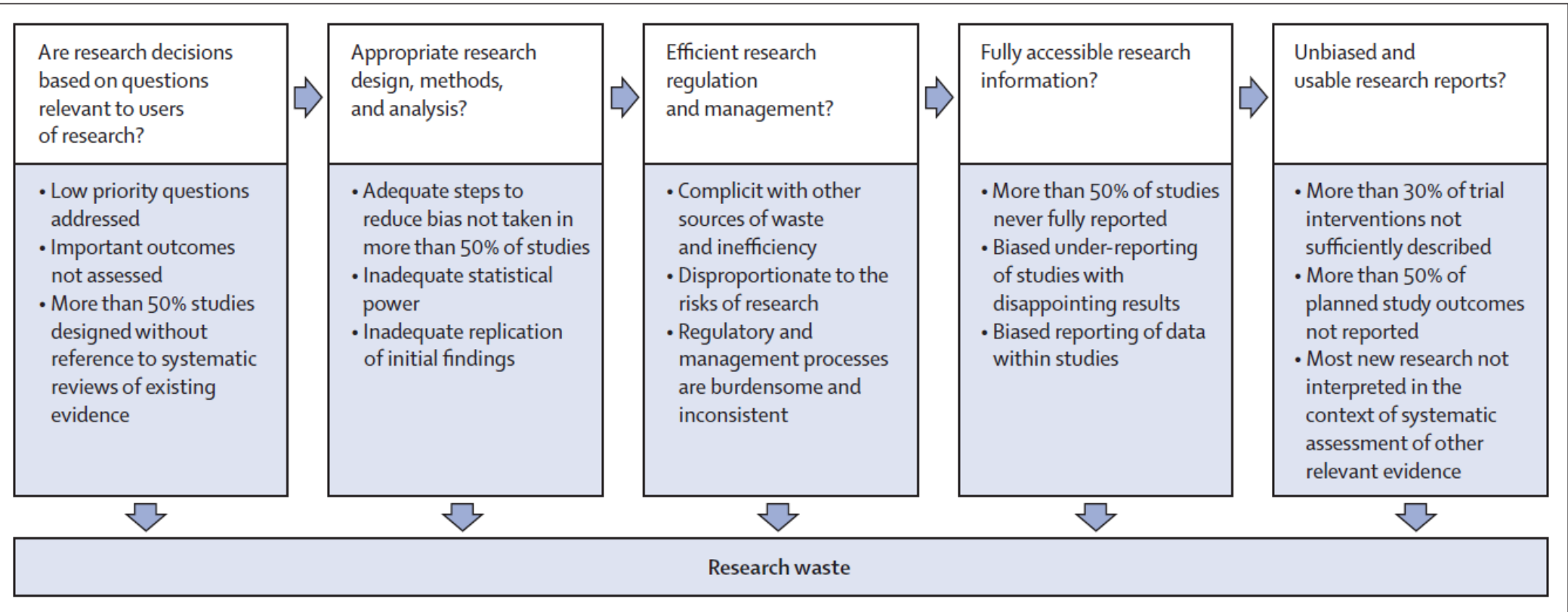
The way forward

Evidence Generation

WHAT'S GOOD?



Avoidable waste or inefficiency in biomedical research



17 REWARD recommendations

Relevance (1-4)

Methodology (5-7)

Regulation & management (8-11)

Accessibility (13-14)

Usability (15-17)

Increasing value and reducing waste in biomedical research: who's listening?

David Moher, Paul Glasziou, Iain Chalmers, Mona Nasser, Patrick M M Bossuyt, Daniël A Korevaar, Ian D Graham, Philippe Ravaut, Isabelle Boutron

The biomedical research complex has been estimated to consume almost a quarter of a trillion US dollars every year. Unfortunately, evidence suggests that a high proportion of this sum is avoidably wasted. In 2014, *The Lancet* published a series of five reviews showing how dividends from the investment in research might be increased from the relevance and priorities of the questions being asked, to how the research is designed, conducted, and reported. 17 recommendations were addressed to five main stakeholders—funders, regulators, journals, academic institutions, and researchers. This Review provides some initial observations on the possible effects of the Series, which seems to have provoked several important discussions and is on the agendas of several key players. Some examples of individual initiatives show ways to reduce waste and increase value in biomedical research. This momentum will probably move strongly across stakeholder groups, if collaborative relationships evolve between key players; further important work is needed to increase research value. A forthcoming meeting in Edinburgh, UK, will provide an initial forum within which to foster the collaboration needed.

Lancet 2016; 387: 1573–86

Published Online

September 28, 2015



You are in: Home

The James Lind Alliance

The [James Lind Alliance \(JLA\)](#) is a non-profit making initiative established in 2004. It brings patients, carers and clinicians together in [Priority Setting Partnerships \(PSPs\)](#) to identify and prioritise the [Top 10 uncertainties](#), or unanswered questions, about the effects of treatments.

The aim of this is to make sure that health research funders are aware of the issues that matter most to patients and clinicians.



The PSPs



Top 10s



The JLA Guidebook



The Evidence-Based Research Network



Home

About the EBRNetwork

Resources

Links



ANALYSIS

Towards evidence based research

To avoid waste of research, no new studies should be done without a systematic review of existing evidence, argue **Hans Lund and colleagues**

Hans Lund *professor*^{1 2}, Klara Brunnhuber *product manager*³, Carsten Juhl *associate professor*^{1 4}, Karen Robinson *associate professor*⁵, Marlies Leenaars *associate professor*⁶, Bertil F Dorch *director*⁷, Gro Jamtvedt *dean*^{2 8}, Monica W Nortvedt *dean*², Robin Christensen *professor*⁹, Iain Chalmers *coordinator*¹⁰

SPIRIT 2013 Statement: Defining Standard Protocol Items for Clinical Trials

An-Wen Chan, MD, DPhil; Jennifer M. Tetzlaff, MSc; Douglas G. Altman, DSc; Andreas Laupacis, MD; Peter C. Gøtzsche, MD, DrMedSci; Karmela Krleža-Jerić, MD, DSc; Asbjørn Hróbjartsson, PhD; Howard Mann, MD; Kay Dickersin, PhD; Jesse A. Berlin, ScD; Caroline J. Doré, BSc; Wendy R. Parulekar, MD; William S.M. Summerskill, MBBS; Trish Groves, MBBS; Kenneth F. Schulz, PhD; Harold C. Sox, MD; Frank W. Rockhold, PhD; Drummond Rennie, MD; and David Moher, PhD

The protocol of a clinical trial serves as the foundation for study planning, conduct, reporting, and appraisal. However, trial protocols and existing protocol guidelines vary greatly in content and quality. This article describes the systematic development and scope of SPIRIT (Standard Protocol Items: Recommendations for Interventional Trials) 2013, a guideline for the minimum content of a clinical trial protocol.

The 33-item SPIRIT checklist applies to protocols for all clinical trials and focuses on content rather than format. The checklist recommends a full description of what is planned; it does not prescribe how to design or conduct a trial. By providing guidance

for key content, the SPIRIT recommendations aim to facilitate the drafting of high-quality protocols. Adherence to SPIRIT would also enhance the transparency and completeness of trial protocols for the benefit of investigators, trial participants, patients, sponsors, funders, research ethics committees or institutional review boards, peer reviewers, journals, trial registries, policymakers, regulators, and other key stakeholders.

Ann Intern Med. 2013;158:200-207.

For author affiliations, see end of text.

This article was published at www.annals.org on 8 January 2013.

www.annals.org

RESEARCH METHODS & REPORTING

Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation

Larissa Shamseer¹, David Moher¹, Mike Clarke², Davina Gherzi³, Alessandro Liberati (deceased)⁴, Mark Petticrew⁵, Paul Shekelle⁶, Lesley A Stewart⁷, the PRISMA-P Group

¹Ottawa Hospital Research Institute and University of Ottawa, Canada; ²Queen's University Belfast, Ireland; ³National Health and Medical Research Council, Australia; ⁴University of Modena, Italy; ⁵London School of Hygiene and Tropical Medicine, UK; ⁶Southern California Evidence-based Practice Center, USA; ⁷Centre for Reviews and Dissemination, University of York, UK



Reproducibility and reliability of biomedical research: improving research practice

Symposium report, October 2015



Data dredging

Also known as p-hacking, this involves repeatedly searching a dataset or trying alternative analyses until a 'significant' result is found.



Omitting null results

When scientists or journals decide not to publish studies unless results are statistically significant.



Underpowered study

Statistical power is the ability of an analysis to detect an effect, if the effect exists – an underpowered study is too small to reliably indicate whether or not an effect exists.

Issues



Errors

Technical errors may exist within a study, such as misidentified reagents or computational errors.



Underspecified methods

A study may be very robust, but its methods not shared with other scientists in enough detail, so others cannot precisely replicate it.



Weak experimental design

A study may have one or more methodological flaws that mean it is unlikely to produce reliable or valid results.

Open data

Openly sharing results and the underlying data with other scientists.



Pre-registration

Publicly registering the protocol before a study is conducted.



Collaboration

Working with other research groups, both formally and informally.



Automation

Finding technological ways of standardising practices, thereby reducing the opportunity for human error.



Open methods

Publicly publishing the detail of a study protocol.



Post-publication review

Continuing discussion of a study in a public forum after it has been published (most are reviewed before publication).



Reporting guidelines

Guidelines and checklists that help researchers meet certain criteria when publishing studies.



Sharing clinical trial data: a proposal from the International Committee of Medical Journal Editors



Published Online
January 20, 2016

As a condition of consideration for publication of a clinical trial report in our member journals, the ICMJE proposes to require authors **to share** with others the de-identified **individual-patient data** (IPD) underlying the results presented in the article (including tables, figures, and appendices or supplementary material) **no later than 6 months after publication**

EDITORIAL

Clinical Trial Registration: A Statement from the International Committee of Medical Journal Editors



All Trials Registered | All Results Reported

- [Home](#)
- [Find out more](#)
- [Get involved](#)
- [Supporters](#)
- [News](#)
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- [Q](#)



Around half of clinical trials have never been reported.
This is the story of the campaign to find them—
and to fix medicine.

[Read the AllTrials story](#)

ESSAY

Rationale for WHO's New Position Calling for Prompt Reporting and Public Disclosure of Interventional Clinical Trial Results

Vasee S. Moorthy*, Ghassan Karam, Kirsten S. Vannice, Marie-Paule Kieny

World Health Organization, Geneva, Switzerland

PLOS Medicine | DOI:10.1371/journal.pmed.1001819 April 14, 2015

International Clinical Trials Registry Platform (ICTRP)

Welcome to the WHO ICTRP

The mission of the WHO International Clinical Trials Registry Platform is to ensure that a complete view of research is accessible to all those involved in health care decision making. This will improve research transparency and will ultimately strengthen the validity and value of the scientific evidence base.



WHO/P. Viroit

The registration of all interventional trials is a scientific, ethical and moral responsibility.



Your one-stop-shop for writing and publishing high-impact health research

find reporting guidelines | improve your writing | join our courses | run your own training course | enhance your peer review | implement guidelines



Library for health research reporting

The Library contains a comprehensive searchable database of reporting guidelines and also links to other resources relevant to research reporting.



[Search for reporting guidelines](#)



[Not sure which reporting guideline to use?](#)



[Reporting guidelines under development](#)



[Visit the library for more resources](#)



Reporting guidelines for main study types

Randomised trials	CONSORT	Extensions	Other
Observational studies	STROBE	Extensions	Other
Systematic reviews	PRISMA	Extensions	Other
Case reports	CARE	Extensions	Other
Qualitative research	SRQR	COREQ	Other
Diagnostic / prognostic studies	STARD	TRIPOD	Other
Quality improvement studies	SQUIRE		Other
Economic evaluations	CHEERS		Other
Animal pre-clinical studies	ARRIVE		Other
Study protocols	SPIRIT	PRISMA-P	Other
Clinical practice guidelines	AGREE	RIGHT	Other

[See all 382 reporting guidelines](#)

Browse reporting guidelines by specialty

The specialties listed below are those for which there are specialty-specific reporting guidelines available. If your specialty is not listed please visit the [main reporting guidelines search page](#)

Neurology

Health Informatics

Genetics

Audiovestibular medicine

Pathology

Dentistry

Hepatology

Behavioural medicine

Cardiovascular medicine

Gastroenterology

Allergy

Complementary and alternative medicine

Haematology

Anaesthesia

Obstetrics and gynaecology

Oncology

Emergency medicine

Infectious diseases

Nutrition and dietetics

Pharmaceutical medicine

Palliative care

Psychology

Nuclear medicine

Paediatrics

Public health

Urology

Rheumatology

Surgery

Respiratory medicine

Radiology

Psychiatry

Renal medicine

Occupational therapy

Medical education

Ophthalmology

[Visit our new browse reporting guidelines by specialty page](#)

Evidence Generation

WHAT'S GOOD?

- REWARD recommendations
- James Lind Alliance
- EBR Network
- Reporting guidelines for protocols (SPIRIT, PRISMA-P)
- Statement of AMS on reproducibility & reliability of research
- Trial registration: AllTrials, WHO and ICMJE statement, WHO ICTRP
- Sharing clinical trials data (ICMJE proposal)
- EQUATOR network



Evidence Generation

WHAT'S BAD?



What are funders doing to minimise waste in research?

*Mona Nasser, Mike Clarke, Iain Chalmers, Kjetil Gundro Brurberg, Hanna Nykvist, Hans Lund, Paul Glasziou

www.thelancet.com Vol 389 March 11, 2017

Table 1 – Funding agencies used in the survey and samples of data from the project (further details available in S5 and S6)

Funding agency	Country	Are patients and the public involved?	New research requires systematic reviews of existing evidence?	Public access to full protocols for completed or ongoing research?	Funding to undertake “research on research”?
National Institute for Health Research (NIHR)	UK	Green	Green	Green	Green
Medical Research Council (MRC)	UK	Yellow	Yellow	Red	Green
National Health and Medical Research Council (NHMRC)	Australia	Yellow	Red	Red	Red
Canadian Institutes of Health Research (CIHR)	Canada	Yellow	Yellow	Red	Yellow
National Institutes of Health (NIH)	USA	Green	Red	Red	Yellow
Deutsche Forschungsgemeinschaft (German Research Foundation) (DFG)	Germany	Red	Yellow	Red	Red
French Ministry of Health (FoH)	France	Red	Red	Red	Yellow
l’Agence Nationale de la Recherche (ANR)	France	Red	Red	Red	Yellow
Nederlandse organisatie voor gezondheidsonderzoek en zorrinnovatie (ZonMw)	Netherlands	Green	Yellow	Red	Green
Danske Regioner (DR)	Denmark	White	Red	Red	White
Regional Health Authorities in Norway (RHA)	Norway	Yellow	Red	Red	Red

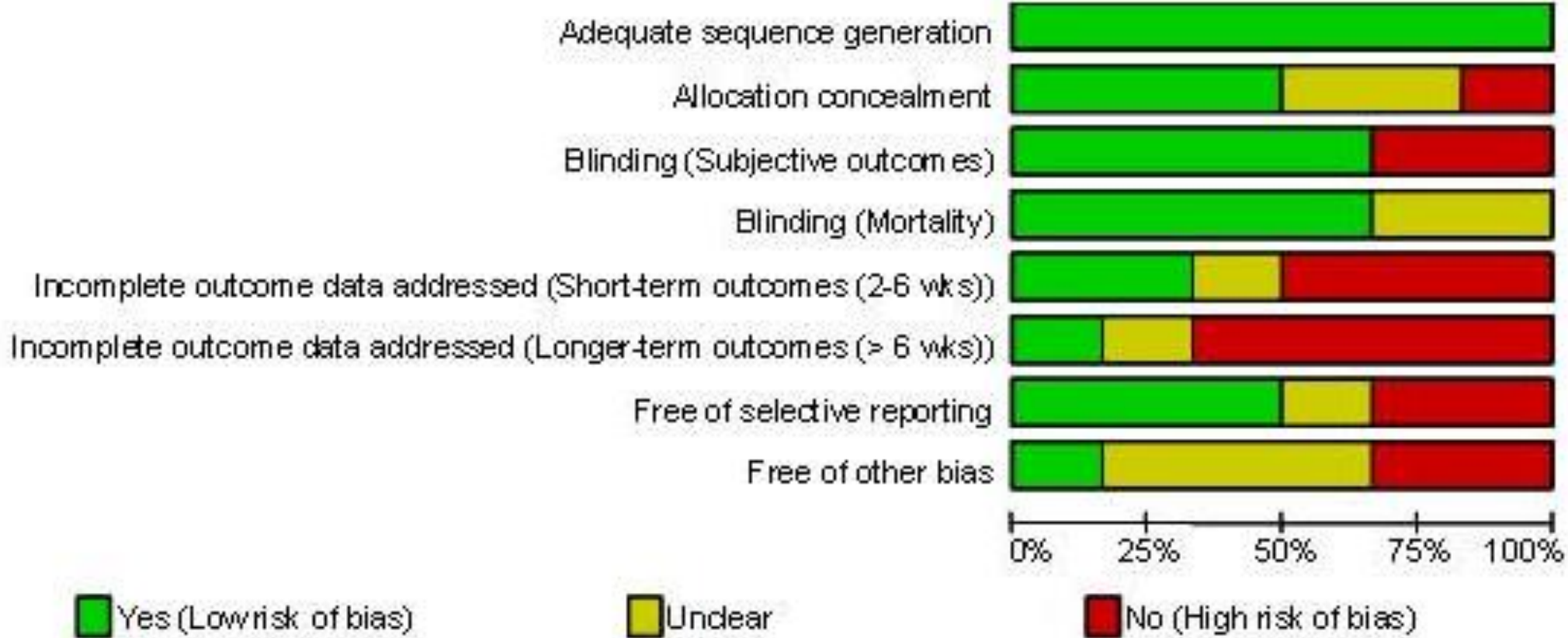
RESEARCH ARTICLE

Open Access

Patient engagement in research: a systematic review

Juan Pablo Domecq^{1,2,5}, Gabriela Prutsky^{1,2,5}, Tarig Elraiyah^{1,5}, Zhen Wang^{1,5,6}, Mohammed Nabhan^{1,5}, Nathan Shippee^{1,5,6}, Juan Pablo Brito^{1,4,5}, Kasey Boehmer^{1,5}, Rim Hasan^{1,5,8}, Belal Firwana^{1,5,8}, Patricia Erwin^{1,7}, David Eton^{1,5,6}, Jeff Sloan^{1,5,6}, Victor Montori^{1,2,4,5,6}, Noor Asi^{1,5}, Abd Moain Abu Dabrh^{1,5} and Mohammad Hassan Murad^{1,3,5,6*}

The Cochrane Collaboration's tool for assessing risk of bias



Avoidable waste of research related to inadequate methods in clinical trials

Youri Yordanov,^{1,2} Agnes Dechartres,^{1,3,4} Raphaël Porcher,^{1,3,4} Isabelle Boutron,^{1,3,4,5}
Douglas G Altman,⁶ Philippe Ravaud^{1,3,4,5,7}

Cochrane reviews included (n=205)

Trials included in meta-analysis for primary outcome (n=1286)



Trials had all domains
at low risk (n=207; 16%)



Trials had at least one domain
at unclear risk, others being
at low risk (n=523; 41%)



Trials had at least one domain
at high risk (n=556; 43%)

Risk of bias reassessment based on a random sample of
200 trials with at least one domain at high risk of bias



Panel 1: An example from Sweden of the bureaucracy involved in applications for central research ethics committee approval

In 2010, a group of researchers in Sweden wanted to pool data from several cohort studies to identify risk factors for subarachnoid haemorrhage. They identified about 20 studies, and spent about 300 h contacting all investigators and getting signed data-sharing agreements and data security processes agreed. Sweden has a central research ethics committee to approve projects. The team recorded the time taken for each step of the approval process. About 200 h of office time was spent on the ethics approval and resubmission process alone. The research ethics committee wanted to see all information that the participants of all cohorts had been given about the purpose of the study. These documents had to be provided as 18 copies and submitted manually. It took the team 6 months to collect all the information sheets from the 20 different cohorts, several of which began recruitment in the 1960s and for which little knowledge about what information was given by whom to whom in the recruitment phase was poor. The research ethics committee eventually had the team advertise in national newspapers about the pooling project, listing all original cohorts so that all individuals who did not want the team to use their data for this project could withdraw their consent for the study. Not one participant withdrew. It took more than 3 years to reach the stage of pooling data from the cohorts, ready for analysis.



Figure 1: Paperwork required for regulatory review of the research described in panel 1

Who's not sharing their trial results?

Trials registered on ClinicalTrials.gov should share results on the site shortly after completing, or publish in a journal. But many organisations [fail to report the results of clinical trials](#). We think [this should change](#). Explore our data (last updated October 2016) to see the universities, government bodies and pharmaceutical companies that aren't sharing their clinical trial results.

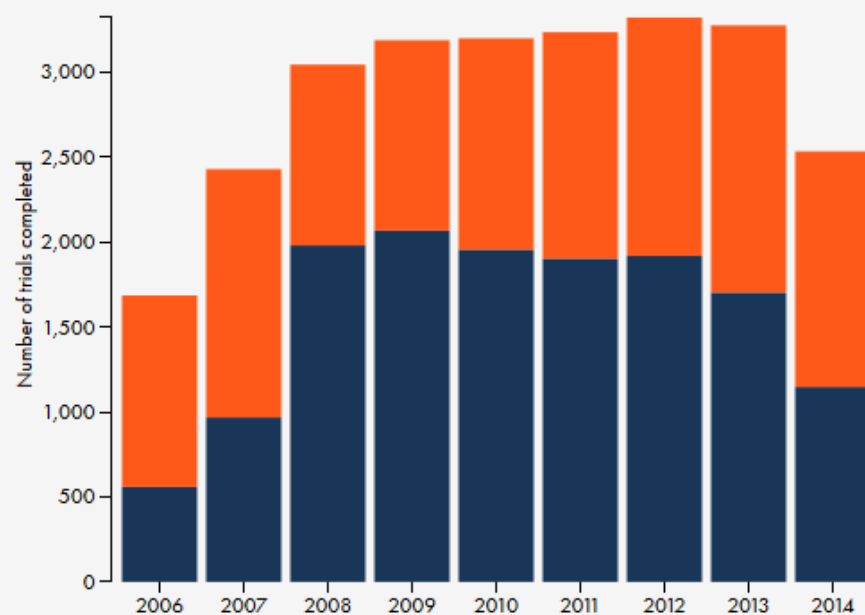
Trial sponsors

We've ranked the major trial sponsors with the most unreported trials registered on ClinicalTrials.gov. Click on a sponsor's name to find out whether it's getting better at reporting completed trials - or worse.

	↕	Trials missing results	↕	Total eligible trials	↕	Percent missing	↕
1	Sanofi	285		435		65.5%	↑
2	Novartis Pharmaceuticals	201		534		37.6%	
3	National Cancer Institute (NCI)	194		558		34.8%	
4	Assistance Publique - Hôpitaux de Paris	186		292		63.7%	
5	GlaxoSmithKline	183		809		22.6%	
6	Mayo Clinic	157		312		50.3%	
7	Yonsei University	139		194		71.6%	
8	Seoul National University	131		207		63.3%	↓

Trials by year

Since Jan 2006, **all major trial sponsors** completed 25,927 eligible trials and **haven't published results for 11,714 trials**. That means 45.2% of their trials are missing results.



Here's what we found.

67

TRIALS CHECKED

9

TRIALS WERE PERFECT

354

OUTCOMES NOT
REPORTED

357

NEW OUTCOMES
SILENTLY ADDED

On average, each trial reported just 58.2% of its specified outcomes. And on average, each trial silently added 5.3 new outcomes.

58

LETTERS SENT

18

LETTERS PUBLISHED

8

LETTERS
UNPUBLISHED AFTER 4
WEEKS

32

LETTERS REJECTED BY
EDITOR

Learn [why we did this this](#), more about [our methodology](#), or see [the full results](#) for every trial.



Search for reporting guidelines



Browse for reporting guidelines by selecting one or more of these drop-downs:

Study type

Please select...

and

Clinical area

Please select...

and

Section of report

Please select...

Or search with free text

[Start again](#) | [Help](#)

Displaying 385 reporting guidelines found.

Consolidated standards of reporting trials (**CONSORT**) and the completeness of reporting of randomised controlled trials (**RCTs**) published in medical journals (**Review**)

Turner L, Shamseer L, Altman DG, Weeks L, Peters J, Kober T, Dias S, Schulz KF, Plint AC, Moher D



**THE COCHRANE
COLLABORATION®**

Further emphasis on research in context

*Sabine Kleinert, Laura Benham, David Collingridge,
William Summerskill, Richard Horton*

www.thelancet.com Vol 384 December 20/27, 2014

Panel: Research in context

Evidence before this study

This section should include a description of all the evidence that the authors considered before undertaking this study. Authors should state: the sources (databases, journal or book reference lists, etc) searched; the criteria used to include or exclude studies (including the exact start and end dates of the search), which should not be limited to English language publications; the search terms used; the quality (risk of bias) of that evidence; and the pooled estimate derived from meta-analysis of the evidence, if appropriate.

Added value of this study

Authors should describe here how their findings add value to the existing evidence (including an updated meta-analysis, if appropriate).

Implications of all the available evidence

Authors should state the implications for practice or policy and future research of their study combined with existing evidence.

Evidence Generation

WHAT'S BAD?

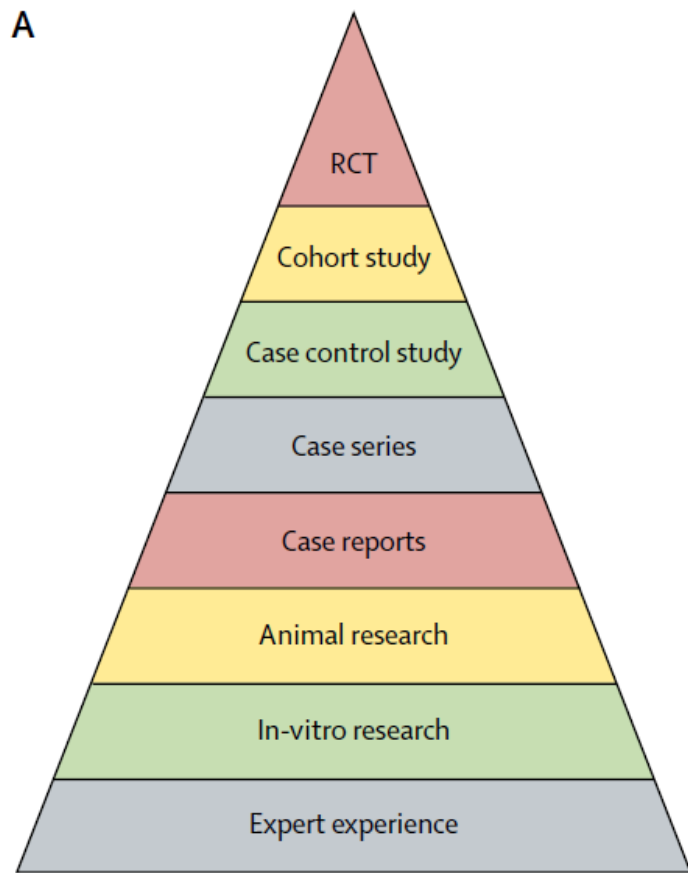
- Funders' low adherence to REWARD recommendations
- Lack of evidence on the best ways to engage patients in research
- Regulation and management: fragmentation and bureaucracy
- Low reproducibility of research
- Too many primary studies without SRs of available evidence
- Lack of results reporting of registered trials (TrialsTracker)
- Switching outcomes in clinical trials (COMPare)
- Reporting guidelines: too many, unknown impact
- Too little "research in context"



Evidence Synthesis

WHAT'S GOOD?





B

Quality of evidence	Study design	Lower quality if*	Higher quality if†
High	Randomised trial	Study limitations - 1 serious - 2 very serious	Large effect + 1 large + 2 very large
Moderate		Inconsistency - 1 serious - 2 very serious	Dose response + 1 evidence of a gradient
Low	Observational study	Indirectness - 1 serious - 2 very serious	All plausible confounders + Would reduce a demonstrated effect or + Would suggest a spurious effect when results show no effect
Very low		Imprecision - 1 serious - 2 very serious	
		Publication bias - 1 likely - 2 very likely	

Figure 1: Hierarchy of evidence: traditional EBM versus GRADE

ORGANIZATIONS

More than 100 organizations from 19 countries around the world have endorsed or are using GRADE.



Welcome to the GRADE working group

From evidence to recommendations – transparent and sensible

Guides and handbooks

Cochrane Handbook
for Systematic
Reviews of
Interventions




Cochrane Handbook
for Systematic
Reviews of Diagnostic
Test Accuracy



Cochrane Methods
Learning and Diagnostic T

GRADE Handbook



Cochrane Style
Manual



Cochrane Information
Specialists' Handbook



Cochrane Standards
for conduct and
reporting of new
reviews of
interventions



Cochrane
Methods



PRISMA

TRANSPARENT REPORTING OF SYSTEMATIC REVIEWS AND META-ANALYSES

- PRISMA Statement
- PRISMA-P (for developing review Protocols)
- PRISMA-IPD (Individual Patient Data)
- PRISMA-NMA (Network Meta-Analyses)



Guidelines International Network: Toward International Standards for Clinical Practice Guidelines

Ann Intern Med. 2012;156:525-531

Amir Qaseem, MD, PhD, MHA; Frode Forland, MD, DPH; Fergus Macbeth, MD; Günter Ollenschläger, MD, PharmD, PhD; Sue Phillips, PhD; and Philip van der Wees, PhD, PT, for the Board of Trustees of the Guidelines International Network*



APPRAISAL OF GUIDELINES FOR RESEARCH & EVALUATION **II**



AGREE II

INSTRUMENT

The AGREE Next Steps Consortium
May 2009

UPDATE: September 2013



Advancing the science of practice guidelines



CLINICAL PRACTICE GUIDELINES WE CAN TRUST

INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES

Guidelines International Network: Principles for Disclosure of Interests and Management of Conflicts in Guidelines

Holger J. Schünemann, MD, PhD, MSc; Lubna A. Al-Ansary, MBBS, MSc; Frode Forland, MD, DPH; Sonja Kersten, MSc; Jorma Komulainen, MD, PhD; Ina B. Kopp, MD; Fergus Macbeth, MA, DM; Susan M. Phillips, BSc (Hons), DPhil; Craig Robbins, MD, MPH; Philip van der Wees, PT, PhD; and Amir Qaseem, MD, PhD, MHA, for the Board of Trustees of the Guidelines International Network*

Ann Intern Med. 2015;163:548-553.



Evidence Synthesis

WHAT'S GOOD FOR SYSTEMATIC REVIEWS?

- Cochrane handbooks
- PRISMA reporting guidelines and their extensions
- GRADE methods in Cochrane reviews



Evidence Synthesis

WHAT'S GOOD FOR CLINICAL PRACTICE GUIDELINES?

- Guidelines International Network (G-I-N)
- International standards: G-I-N, AGREE II, IOM
- Growing use of GRADE to formulate CPGs recommendations
- Reporting standards: AGREE II, RIGHT



Evidence Synthesis

WHAT'S BAD?



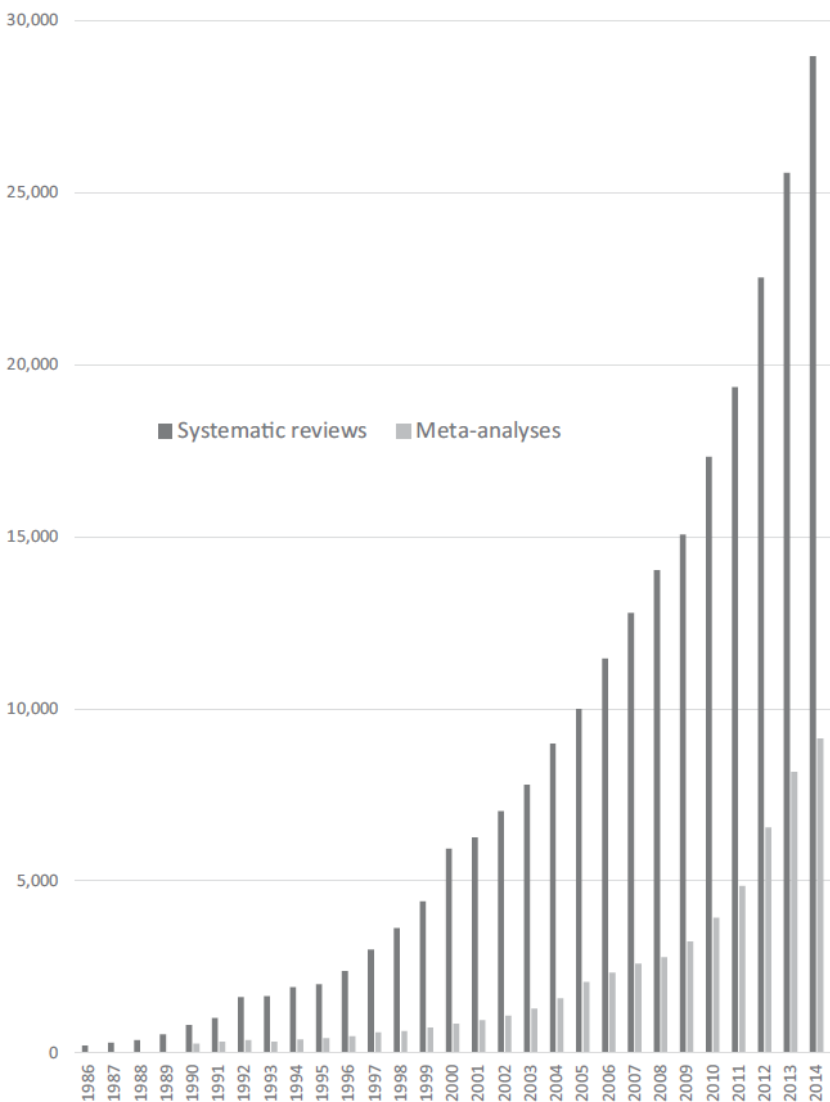
Original Investigation

The Mass Production of Redundant,
Misleading, and Conflicted Systematic
Reviews and Meta-analyses

JOHN P.A. IOANNIDIS

The Milbank Quarterly, Vol. 94, No. 3, 2016 (pp. 485-514)

Figure 1. Number of PubMed-Indexed Articles Published Each Year Between 1986 and 2014 That Carry the Tag “Systematic Review” or “Meta-analysis” for Type of Publication



- The production of systematic reviews has reached epidemic proportions
- The large majority are unnecessary, misleading, and/or conflicted
- Good and truly informative systematic reviews are a small minority

Cochrane reviews and protocols published over last 12 months

2016/17	Total reviews	Total protocols	Total reviews and protocols
Issue 9 '17	7415	2572	9987
Issue 8 '17	7399	2470	9869
Issue 7 '17	7380	2452	9832
Issue 6 '17	7352	2538	9890
Issue 5 '17	7316	2539	9855
Issue 4 '17	7284	2548	9832
Issue 3 '17	7258	2543	9801
Issue 2 '17	7201	2542	9743
Issue 1 '17	7169	2526	9695
Issue12'16	7133	2525	9658
Issue11'16	7104	2520	9624
Issue10'16	7066	2523	9589

Impact Factor for the CDSR

Year	Impact factor (IF)
2016	6.264
2015	6.103
2014	6.035
2013	5.939
2012	5.785
2011	5.912
2010	6.186

Evidence Synthesis

WHAT'S BAD FOR SYSTEMATIC REVIEWS?

- Contamination of "publish or perish" virus to SRs → epidemic production of useless, incomplete, outdated, methodologically flawed SRs
- Slow growth of Cochrane reviews and protocols
- Impact factor of CDSR substantially unchanged
- DARE, that collected high quality SRs, has no more been updated from March 2015



Evidence Synthesis

WHAT'S BAD FOR CLINICAL PRACTICE GUIDELINES?

- Too many CPGs on the same disease
- Low quality, outdated CPGs
- Influence of COIs
- Most of CPGs do not take account of multimorbidity
- Low usability of CPGs
- Lack of a central CPGs database searchable for quality criteria



Evidence Translation

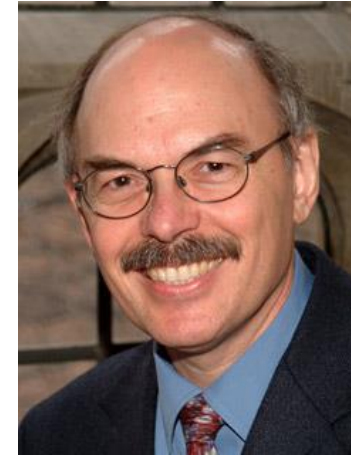
WHAT'S GOOD?



The paths from research to improved health outcomes



*Paul Glasziou, MBBS, PhD
University of Oxford
Oxford, England, UK*

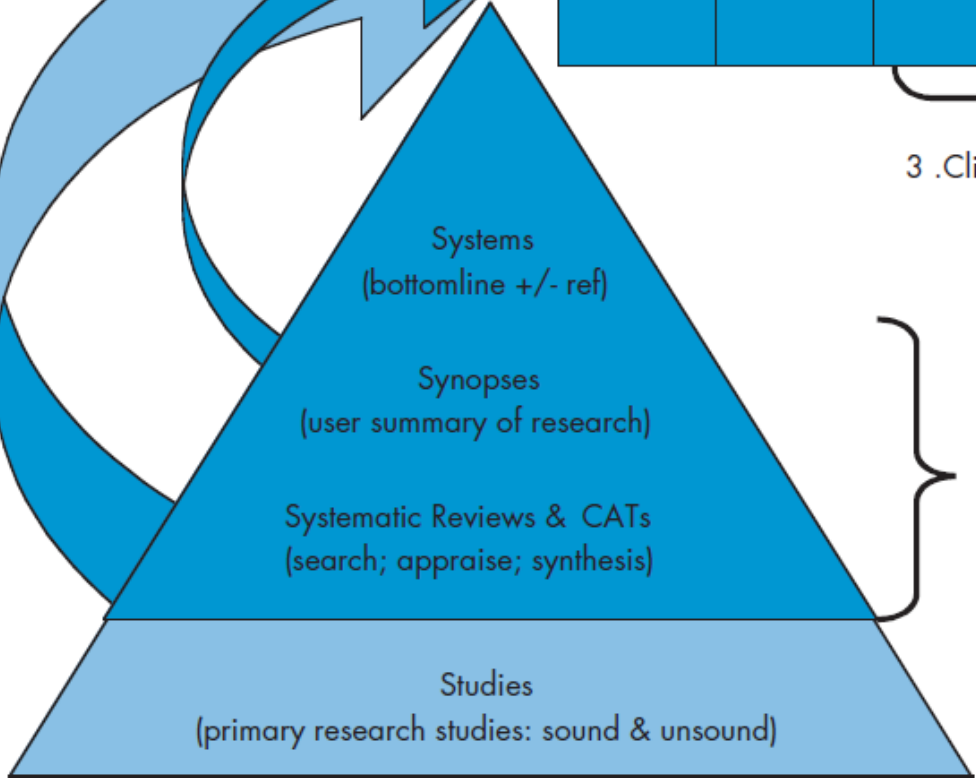
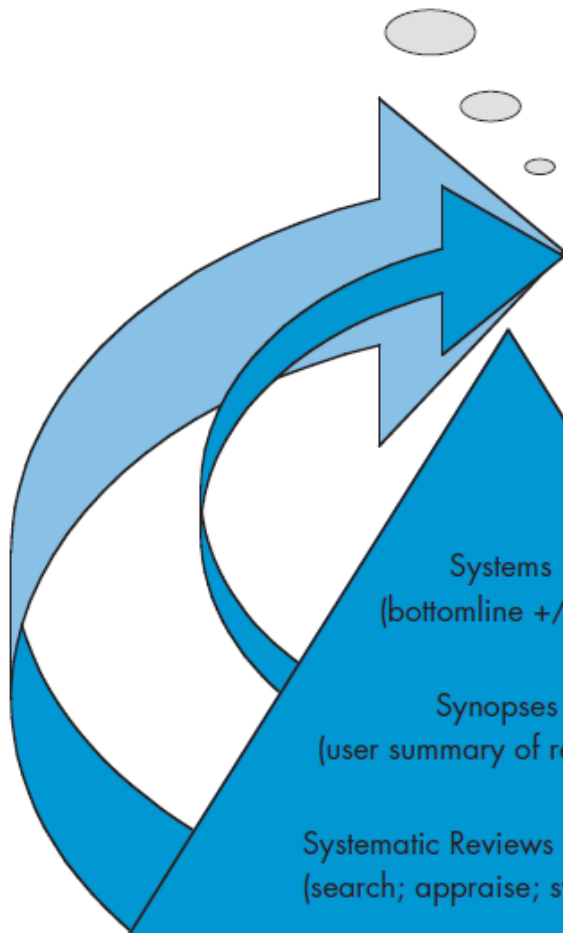
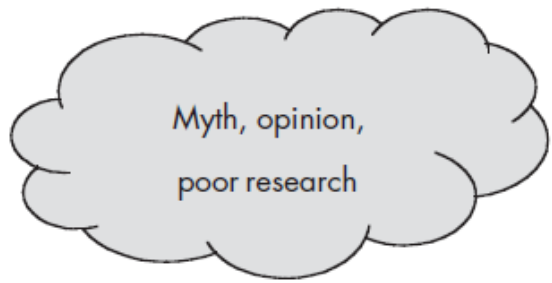


*Brian Haynes, MD, PhD
McMaster University
Hamilton, Ontario, Canada*

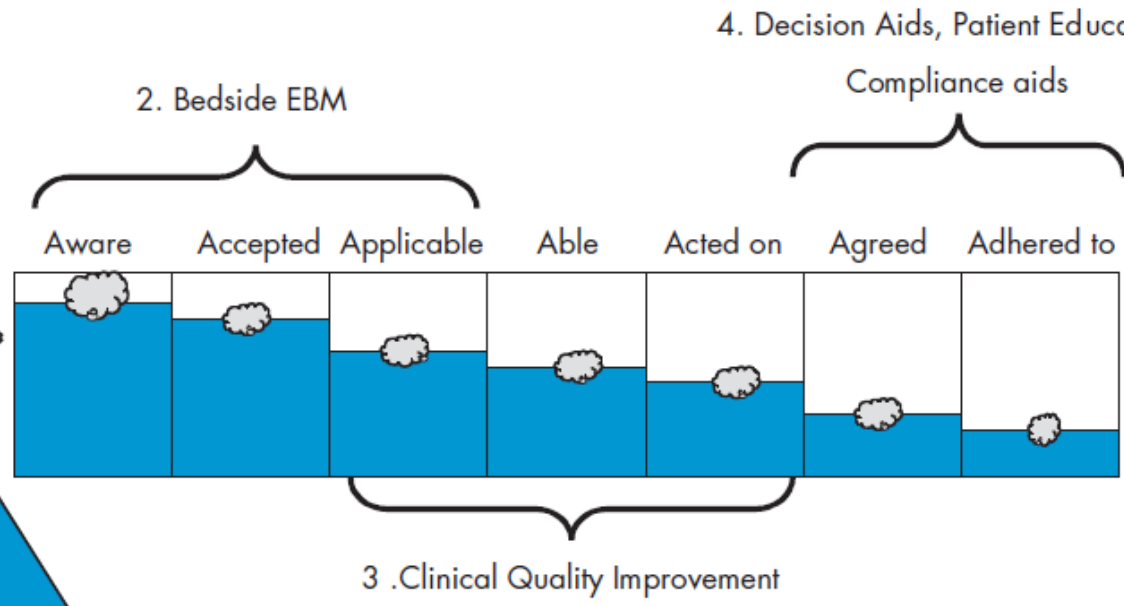
ACP J Club 2005;142:A8-10

Evid Based Med 2005;10:4-7

Evid Based Nurs 2005;8:36-8



1. Research Synthesis,
Guidelines, Evidence
Journals,...



SECOND EDITION

KNOWLEDGE TRANSLATION IN HEALTH CARE

Moving from Evidence to Practice

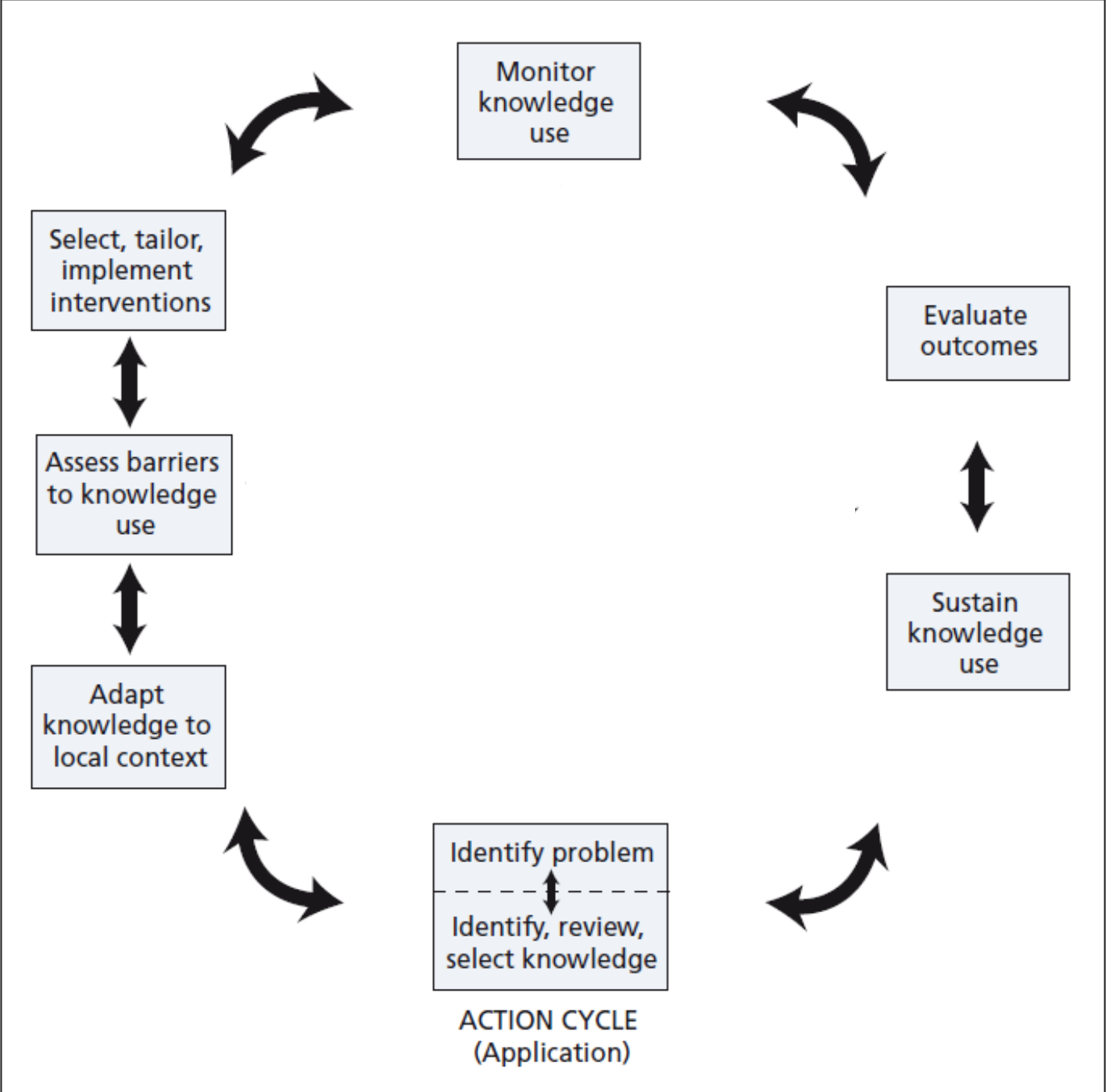
Edited by
Sharon E. Straus
Jacqueline Tetroe
Ian D. Graham



WILEY Blackwell

BMJ Books

2. ACTION CYCLE



Evidence Translation

WHAT'S GOOD?

- Excellent frameworks available, including all determinants, methods and tools for:
 - individual KT
 - systemic KT
- ...
- ...
- ...



Evidence Translation

WHAT'S BAD?



Evidence Translation

WHAT'S BAD?

- KT evidence too context-related → low applicability
- KT is a young science, not included in academic curricula
- Professional behaviors are influenced by habits and COIs, more than evidence
- Fragmented and not well-connected information systems



The way forward



Evidence Generation

THE WAY FORWARD

- More guidelines for reporting protocols: observational studies, diagnostic studies...
- More evidence about the impact of reporting guidelines
- Extending both WHO statement and ICMJE policies concerning clinical trials to register observational studies
- Exploring ways to reduce the extreme fragmentation of regulation issues
- Exploiting all opportunities to increase the reproducibility of biomedical research



Evidence Generation

THE WAY FORWARD

- We need less publications and more high quality evidence
 - Changing the ways to measure the impact biomedical research and to fund it
 - To increase the efficiency of basic research
 - To reach good balance among basic, translational, clinical and health service research



Assessing Value in Biomedical Research

The PQRST of Appraisal and Reward

Table. PQRST Index for Appraising and Rewarding Research

Item in PQRST Index	Example
P (productivity)	Number of publications in the top tier % of citations for the scientific field and year
	Proportion of funded proposals that have resulted in ≥ 1 published reports of the main results
	Proportion of registered protocols that have been published 2 y after the completion of the studies
Q (quality of scientific work)	Proportion of publications that fulfill ≥ 1 quality standards
R (reproducibility of scientific work)	Proportion of publications that are reproducible
S (sharing of data and other resources)	Proportion of publications that share their data, materials, and/or protocols (whichever items are relevant)
T (translational influence of research)	Proportion of publications that have resulted in successful accomplishment of a distal translational milestone, eg, getting promising results in human trials for intervention tested in animals or cell cultures, or licensing of intervention for clinical trials

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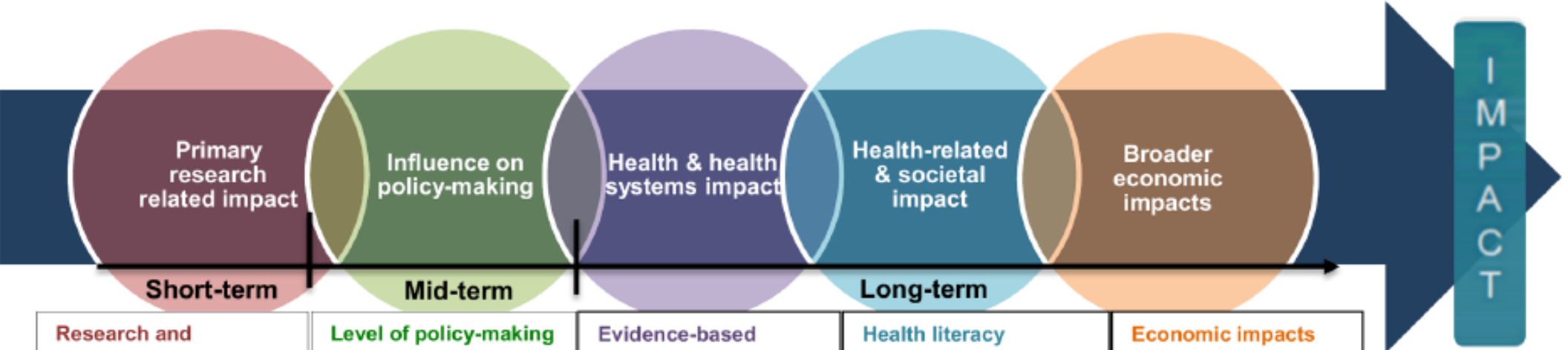
RESEARCH ARTICLE

Assessing the impact of healthcare research: A systematic review of methodological frameworks

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PLOS Medicine | <https://doi.org/10.1371/journal.pmed.1002370> August 9, 2017



Short-term	Mid-term	Long-term	Long-term	Long-term
<p>Research and innovation outcomes*</p> <ul style="list-style-type: none"> ❖ Publications ❖ Peer-reviewed articles (journal impact factor) ❖ Citation rates <p>Dissemination and knowledge transfer*</p> <ul style="list-style-type: none"> ❖ Conferences, seminars, workshops and presentations ❖ Teaching ❖ Mass media <p>Capacity building, training and leadership*</p> <ul style="list-style-type: none"> ❖ PhD and post-doc studentships ❖ Academic careers advancement ❖ Subsequent grants received <p>Academic collaborations, research networks and</p>	<p>Level of policy-making</p> <ul style="list-style-type: none"> ❖ Presentations to decision-makers ❖ Influence on public policy debate ❖ Information base for political and executive decision-making <p>Type and nature of policy impact</p> <ul style="list-style-type: none"> ❖ Changes to legislations, regulations and government policy ❖ Influence and involvement in the decision-making process ❖ Changes to clinical or healthcare training, practice or guidelines <p>Policy networks</p> <ul style="list-style-type: none"> ❖ Collaborative research with industry 	<p>Evidence-based practice</p> <ul style="list-style-type: none"> ❖ Improving diagnostics and response prediction ❖ Fulfilling previously unmet clinical needs <p>Quality of care and service delivery</p> <ul style="list-style-type: none"> ❖ Improved health outcomes (QALYs) ❖ Patient satisfaction (PROMS) ❖ Making services more accessible for local communities ❖ Reduction in waiting times <p>Cost containment and effectiveness</p> <ul style="list-style-type: none"> ❖ Cost savings ❖ Increased service effectiveness <p>Resource allocation</p>	<p>Health literacy</p> <ul style="list-style-type: none"> ❖ Activities to change health-risk behaviours such as strategies and campaigns <p>Health knowledge, attitudes and behaviours</p> <ul style="list-style-type: none"> ❖ Increased levels of public engagement with science and research ❖ Outcomes from focus groups to assess changes in attitudes, behaviours and attitudes <p>Improved social equity, inclusion or cohesion</p> <ul style="list-style-type: none"> ❖ United Nations Millennium Development Goals ❖ Human rights 	<p>Economic impacts</p> <ul style="list-style-type: none"> ❖ Attracting R&D investment from NHS, medical charities and overseas ❖ Income from intellectual property ❖ Spill over effects ❖ Patents granted/licenses awarded and brought to the market ❖ Spin-out companies ❖ Research contracts and income from industry

Evidence Synthesis

THE WAY FORWARD FOR SYSTEMATIC REVIEWS

- International policies to converge efforts on Cochrane reviews
- New ICMJE Statement:
 - PROSPERO registration number mandatory for publication
 - Encourage Cochrane reviews → publication of a synthesis on affiliated ICMJE journals
- Centralized database for (non Cochrane) high-quality systematic reviews



Evidence Synthesis

THE WAY FORWARD FOR CLINICAL PRACTICE GUIDELINES

- International governance to avoid proliferation of low quality CPGs
- Better management of COIs according to G-I-N standards
- Exploring ways to include multimorbidity in CPGs recommendations
- Central CPGs database searchable for quality criteria (AGREE II, G-I-N, IOM)
- Improve usability: e.g. CDSS



Evidence Translation

THE WAY FORWARD

- More good quality evidence about: knowledge translation (KT), shared decision making, patient adherence
- Set standards for:
 - defining KT priorities at local level
 - developing care pathways, through local adapting of CPGs
 - assessing barriers and facilitating factors

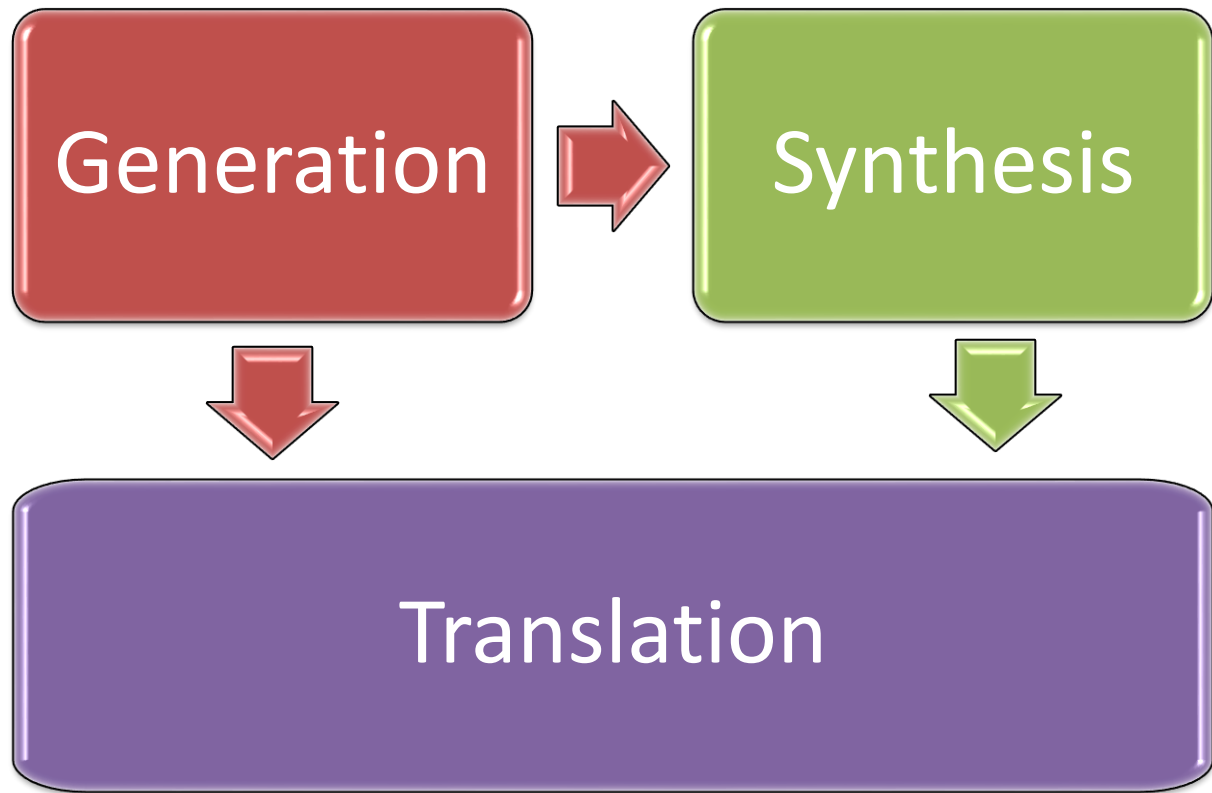


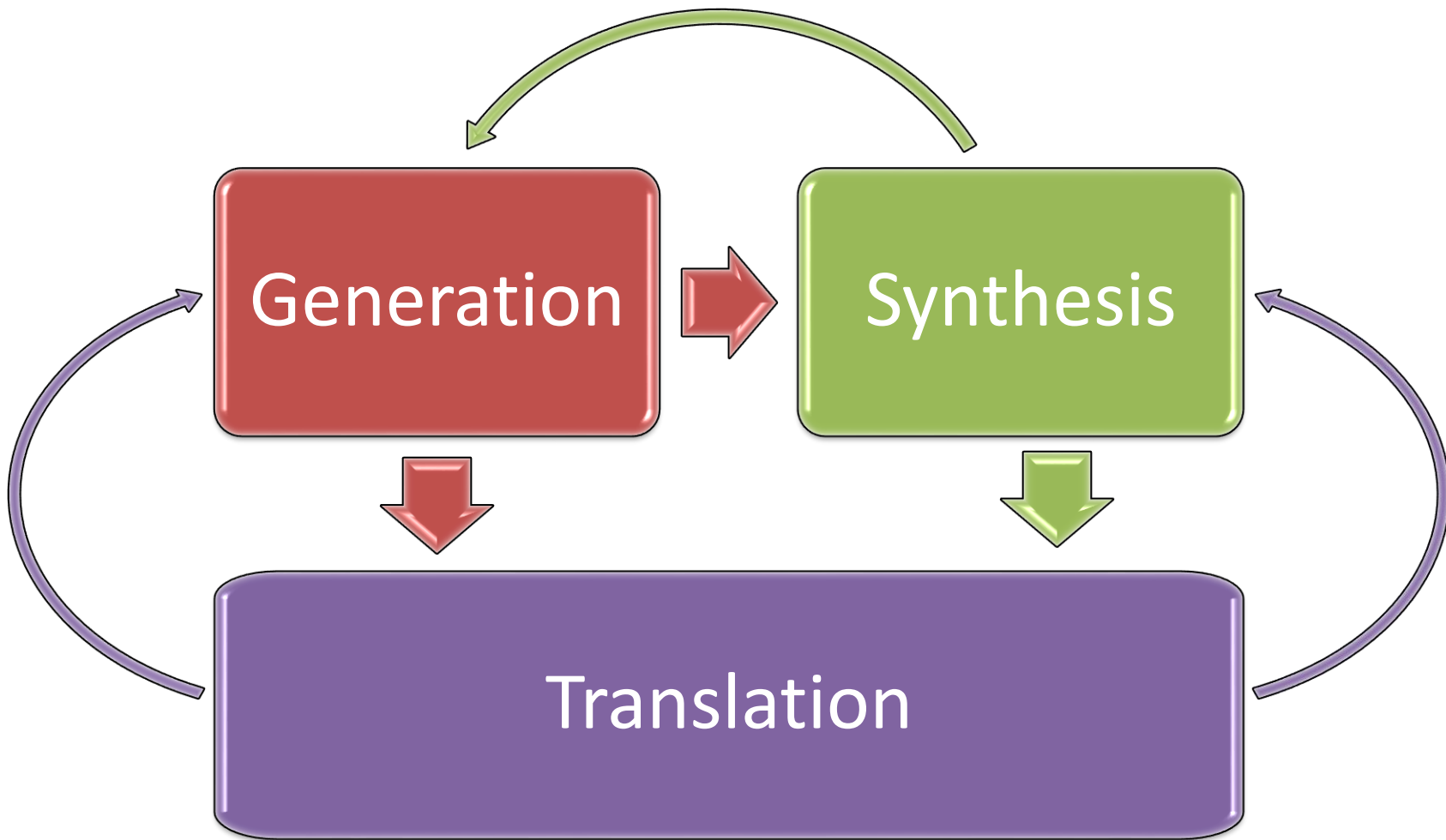
Evidence Translation

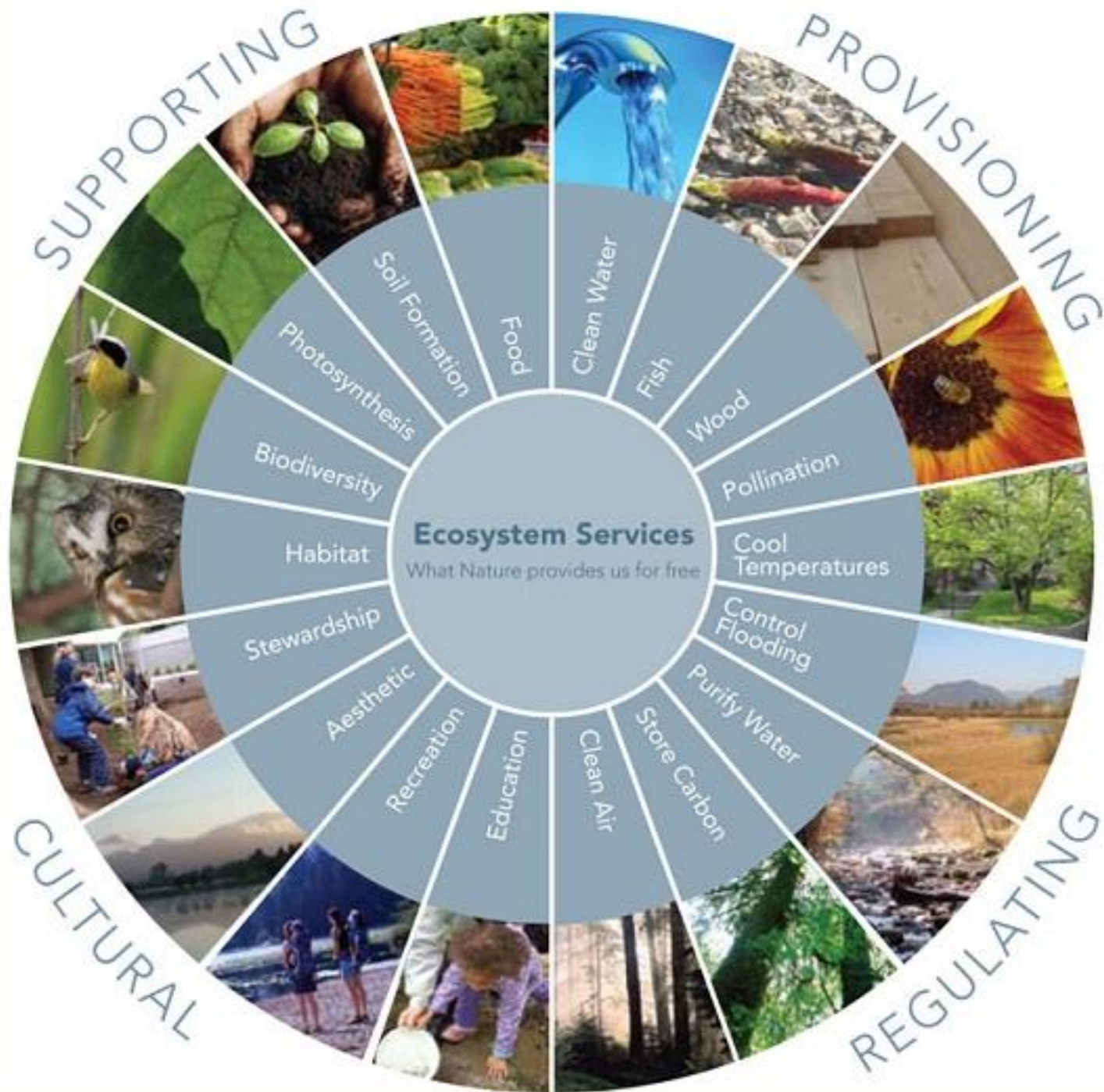
THE WAY FORWARD

- Measuring performance
 - Using reliable process and outcome measures
 - Align performance measures and reward systems across different levels: professional → team → health organization → health care system









The ecosystem of evidence

An ecosystem influenced by:

- **Living organisms:** stakeholders, with their competition, collaboration and conflicts of interest
- **Environment:** social, cultural, economic, political context
- **Non living component:** evidence



Hospitals

Research funders

Regulatory agencies

Academia, Institutions

Professional bodies

Politicians

Biomedical journals

Citizens

Local health authorities

Industry

Patient associations

Charities

Medical specialty societies

Healthcare managers

Ethical committees

Payers

Health professionals

Researchers



Social

Cultural

Economic

Politic

