

## THE ECOSYSTEM OF EVIDENCE

Global challenges for the future

9<sup>th</sup> International Conference for EBHC Teachers and Developers 8<sup>th</sup> Conference of the International Society for EBHC Taormina, 6<sup>th</sup>-9<sup>th</sup> November 2019

THE ECOSYSTEM OF EVIDENCE Global challenges for the future

> Nino Cartabellotta GIMBE Foundation

#EBHC2019



## Outline

- Background
- Analysis
- Challenges
- Proposal





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CONFERENCE 2017

8<sup>th</sup> International Conference for EBHC Teachers and Developers

### **The ecosystem of evidence** Connecting generation, synthesis and translation

Taormina, 25<sup>th</sup> – 28<sup>th</sup> October 2017

# The ecosystem of evidence: the way forward

**Nino Cartabellotta** GIMBE Foundation







Journal of Clinical Epidemiology 110 (2019) 90-95

Journal of

Clinical

Epidemiology

#### COMMENTARY

## The ecosystem of evidence cannot thrive without efficiency of knowledge generation, synthesis, and translation

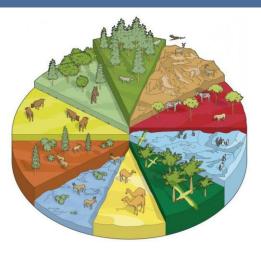
Antonino Cartabellotta<sup>a,\*</sup>, Julie K. Tilson<sup>b</sup>

<sup>a</sup>GIMBE Foundation, Via Amendola 2, 40121 Bologna, Italy <sup>b</sup>Division of Biokinesiology and Physical Therapy, University of Southern California, Los Angeles, CA, USA Accepted 23 January 2019; Published online 30 January 2019



## Ecosystem

A community of **living organisms** in conjunction with the **non-living components** of their **environment** (air, water, mineral soil), interacting as a system













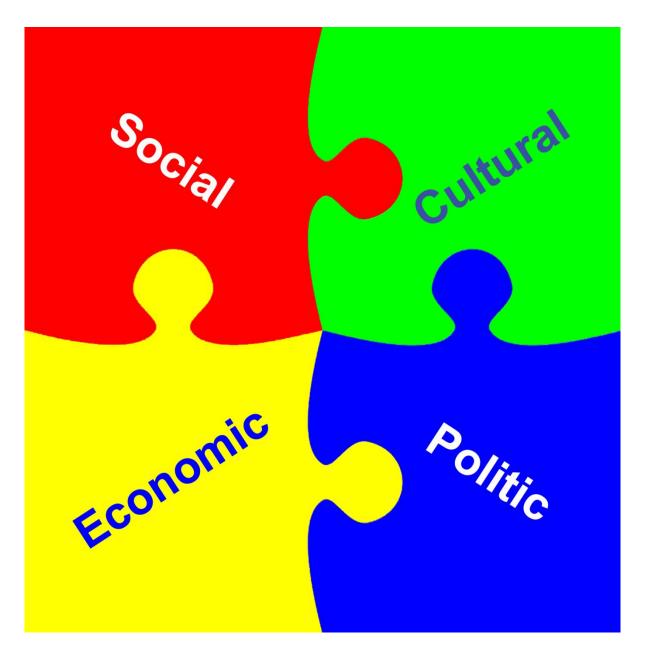
## The ecosystem of evidence

An ecosystem influenced by:

- Living organisms: stakeholders, with their competition, collaboration and conflicts of interest
- Environment: social, cultural, economic, political context
- Non-living component: evidence

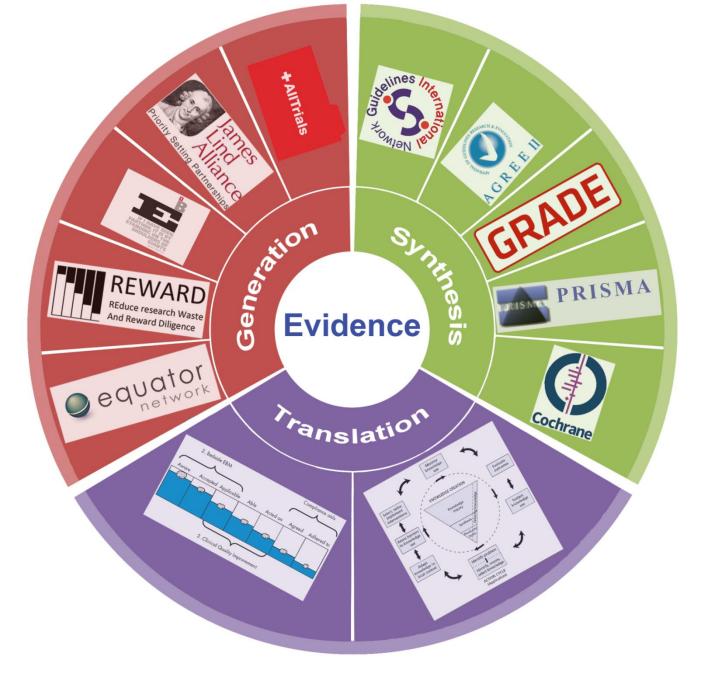




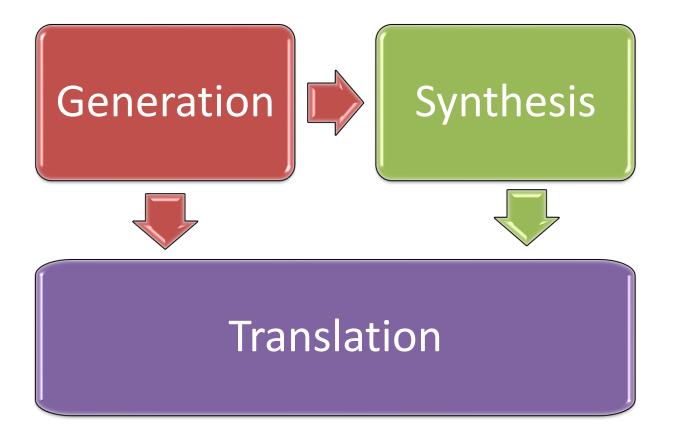




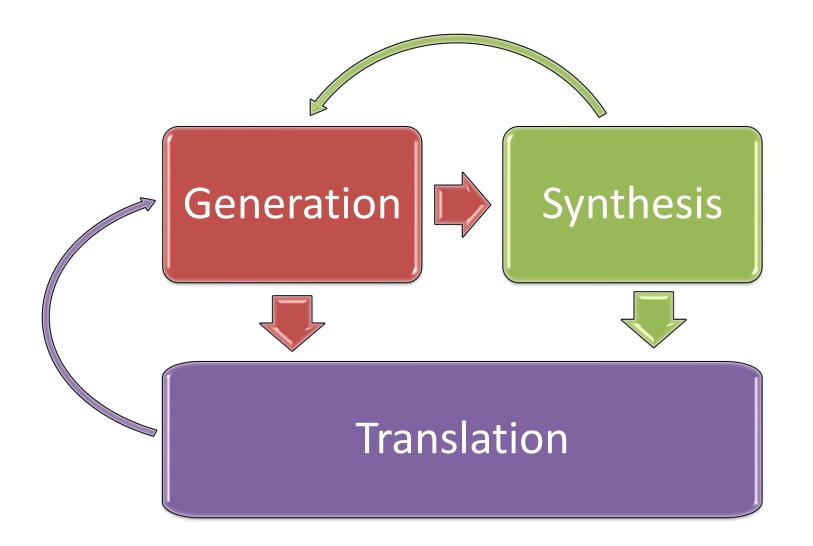




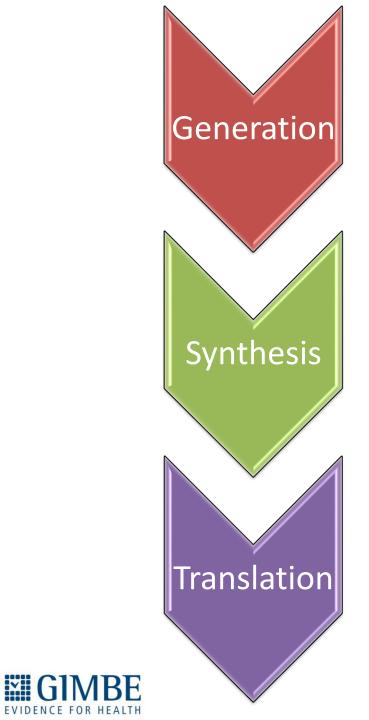














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JAMA, November 4, 1992

### **The Rational Clinical Examination**



## **Evidence-Based Medicine**

### A New Approach to Teaching the Practice of Medicine

Evidence-Based Medicine Working Group



### Progress in evidence-based medicine: a quarter century on

Benjamin Djulbegovic, Gordon H Guyatt

In response to limitations in the understanding and use of published evidence, evidence-based medicine (EBM) began as a movement in the early 1990s. EBM's initial focus was on educating clinicians in the understanding and use of published literature to optimise clinical care, including the science of systematic reviews. EBM progressed to recognise limitations of evidence alone, and has increasingly stressed the need to combine critical appraisal of the evidence with patient's values and preferences through shared decision making. In another progress, EBM incorporated and further developed the science of producing trustworthy clinical practice guidelines pioneered by investigators in the 1980s. EBM's enduring contributions to clinical medicine include placing the practice of medicine on a solid scientific basis, the development of more sophisticated hierarchies of evidence, the recognition of the crucial role of patient values and preferences in clinical decision making, and the development of the methodology for generating trustworthy recommendations.

Lancet 2017; 390: 415–23







# Evidence based medicine manifesto for better healthcare

A response to systematic bias, wastage, error, and fraud in research underpinning patient care

Carl Heneghan *director*<sup>1</sup>, Kamal R Mahtani *deputy director*<sup>1</sup>, Ben Goldacre *director EBM DataLab*<sup>1</sup>, Fiona Godlee *editor in chief*<sup>2</sup>, Helen Macdonald *head of education*<sup>2</sup>, Duncan Jarvies *multimedia editor*<sup>2</sup>

<sup>1</sup>Centre for Evidence Based Medicine, University of Oxford, UK; <sup>2</sup>*The BMJ*, London, UK





JAMA Network Open. 2018;1(2):e180281.

Consensus Statement | Medical Education

### Core Competencies in Evidence-Based Practice for Health Professionals Consensus Statement Based on a Systematic Review and Delphi Survey

Loai Albarqouni, MD, MSc; Tammy Hoffmann, PhD; Sharon Straus, MD, MSc; Nina Rydland Olsen, PhD; Taryn Young, PhD; Dragan Ilic, PhD; Terrence Shaneyfelt, MD, MPH; R. Brian Haynes, MD, PhD; Gordon Guyatt, MD, MSc; Paul Glasziou, MBBS, PhD



Challenges facing early-career and mid-career researchers: potential solutions to safeguard the future of evidence-based medicine

Georgia C Richards <sup>(1)</sup>, <sup>1</sup> Stephen H Bradley, <sup>2,3</sup> Andrew B Dagens, <sup>4</sup> Christoffer B Haase, <sup>5</sup> Brennan C Kahan, <sup>6</sup> Tanja Rombey, <sup>7</sup> Cole Wayant <sup>(1)</sup>, <sup>8</sup> Logan Z J Williams, <sup>9</sup> Peter J Gill<sup>10,11</sup>

BMJ Evidence-Based Medicine 25 October 2019.





### ESSAY

### Evidence based medicine: a movement in crisis?

**Trisha Greenhalgh and colleagues** argue that, although evidence based medicine has had many benefits, it has also had some negative unintended consequences. They offer a preliminary agenda for the movement's renaissance, refocusing on providing useable evidence that can be combined with context and professional expertise so that individual patients get optimal treatment

Trisha Greenhalgh *dean for research impact*<sup>1</sup>, Jeremy Howick *senior research fellow*<sup>2</sup>, Neal Maskrey *professor of evidence informed decision making*<sup>3</sup>, for the Evidence Based Medicine Renaissance Group







### How medicine is broken, and how we can fix it

The chief medical officer's review on statins and oseltamivir may look for answers in the wrong places

Ben Goldacre senior clinical research fellow, Carl Heneghan professor of evidence based medicine

Centre for Evidence Based Medicine, Nuffield Department of Primary Health Care, University of Oxford, Oxford, UK







Journal of Clinical Epidemiology 73 (2016) 82-86

Journal of Clinical Epidemiology

### Evidence-based medicine has been hijacked: a report to David Sackett John P.A. Ioannidis<sup>a,b,c,d,\*</sup>

<sup>a</sup>Department of Medicine, Stanford Prevention Research Center, Stanford, CA 94305, USA <sup>b</sup>Department of Health Research and Policy, Stanford University School of Medicine, Stanford, CA 94305, USA <sup>c</sup>Department of Statistics, Stanford University School of Humanities and Sciences, Stanford, CA 94305, USA <sup>d</sup>Meta-Research Innovation Center at Stanford (METRICS), Stanford University, Stanford, CA 94305, USA Accepted 18 February 2016; Published online 2 March 2016



## The way forward

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## **Evidence Generation**

- More guidelines for reporting protocols: observational studies, diagnostic studies...
- More evidence about the impact of reporting guidelines
- Extending both WHO statement and ICMJE policies concerning clinical trials to register observational studies
- Exploring ways to reduce the extreme fragmentation of regulation issues
- Exploiting all opportunities to increase the reproducibility of biomedical research





## **Evidence Generation**

We need less publications and more high quality evidence

- Changing the ways to measure the impact biomedical research and to fund it
- To increase the efficiency of basic research
- To reach good balance among basic, translational, clinical and health service research





## **Evidence Synthesis**

### SYSTEMATIC REVIEWS

- International policies to converge efforts on Cochrane reviews
- New ICMJE Statement:
  - PROSPERO registration number mandatory for publication
  - Encourage Cochrane reviews → publication of a synthesis on affiliated ICMJE journals
- Centralized database for (non Cochrane) high-quality systematic reviews





## **Evidence Synthesis**

### **CLINICAL PRACTICE GUIDELINES**

- International governance to avoid proliferation of low quality CPGs
- Better management of COIs according to G-I-N standards
- Exploring ways to include multimorbidity in CPGs recommendations
- Central CPGs database searchable for quality criteria (AGREE II, G-I-N, IOM)
- Improve usability: e.g. CDSS





## **Evidence Translation**

- More good quality evidence about: knowledge translation (KT), shared decision making, patient adherence
- Set standards for:
  - defining KT priorities at local level
  - developing care pathways, through local adapting of CPGs
  - assessing barriers and facilitating factors





## **Evidence Translation**

### THE WAY FORWARD

- Measuring performance
  - Using reliable process and outcome measures
  - Align performance measures and reward systems across different levels: professional → team → health organization
    → health care system





### IDEAS AND OPINIONS

**Annals of Internal Medicine** 

# Disappearance of the National Guideline Clearinghouse: A Huge Loss for Evidence-Based Health Care

Zachary Munn, PhD, and Amir Qaseem, MD, PhD, MHA; for the American College of Physicians and the Joanna Briggs Institute

Ann Intern Med. 2018;169:648-649.







### Has Cochrane lost its way?

Dissent over growing centralisation culminated in the expulsion of one of Cochrane's founding members. **Melanie Newman** reports on the organisation's internal struggles

Melanie Newman freelance journalist, London, UK



#### EDITORIAL

WILEY

### **Cochrane crisis: Secrecy, intolerance and evidence-based values**

John P. A. Ioannidis

Eur J Clin Invest. 2019;49:e13058.



Received: 14 January 2019

Revised: 18 February 2019 Ac

DOI: 10.1111/jep.13124

ORIGINAL PAPER

WILEY Journal

Journal of Evaluation in Clinical Practice

### Moral entrepreneurship, the power-knowledge nexus, and the Cochrane "crisis"

Trisha Greenhalgh MD, Professor of Primary Care Health Sciences<sup>1</sup> [

Mustafa F. Ozbilgin PhD, Professor of Organisational Behaviour<sup>2</sup>

Barbara Prainsack DrPhil, Professor<sup>3,4</sup> 🔘 |

Sara Shaw PhD, Associate Professor of Health and Social Policy<sup>1</sup>



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- Background
- State of the art
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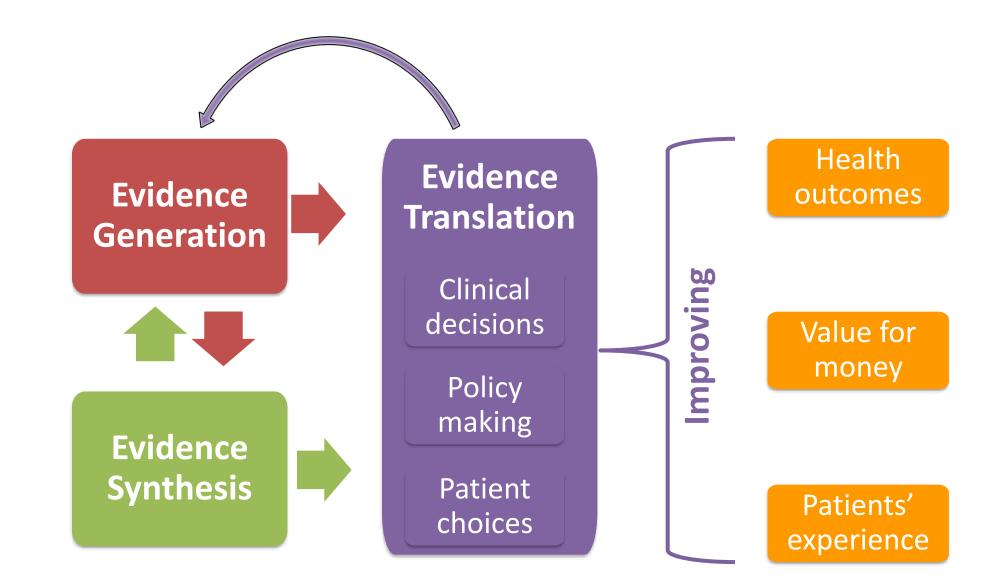


## The ultimate goal of EBHC

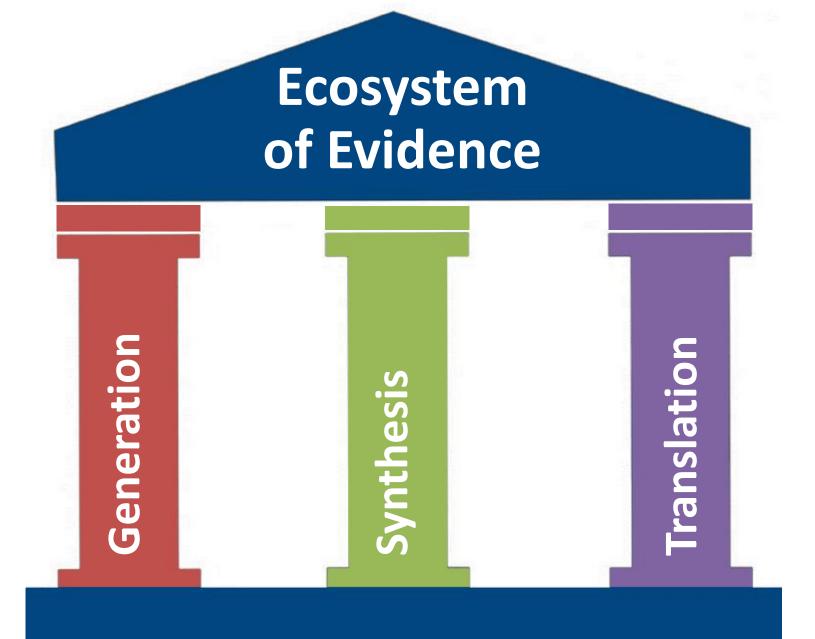
To improve health outcomes, patients' experience and sustainability of healthcare systems by integrating the best evidence into clinical and policy decisions and patients' choices















#### Waste of primary research

#### Influence of conflicts of interests

#### **Synthesis**

Too many useless systematic reviews

Too many untrustworthy clinical practice guidelines

Influence of conflicts of interests

#### Translation

Relevant gaps between evidence and clinical practice, health policies, patients' choices

Waste: overuse and underuse of health interventions, inadequate coordination of care

Suboptimal health outcomes and patients' experience

# Lack of governance

- Too many standards (statements, rules, tools) of variable quality in attempt to improve generation, synthesis and translation of evidence
- Little/no evidence about their implementation status and effects
- Lack of a global vision of real needs





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### GLOBEE

To set up the GLobal OBservatory on Ecosystem of Evidence (GLOBEE) to monitor needs, publication and implementation of international standards aimed to improve generation, synthesis and translation of evidence into clinical and health policy decisions as well as into patients' choices



# **GLOBEE:** main steps

- **1. Mapping critical issues** that affect the 3 pillars of the ecosystem of evidence
- 2. Mapping international standards (statements, rules, tools)
  - identifying those already available
  - proposing new ones if needed
- 3. Monitoring implementation of the international standards:
  - primary research  $\rightarrow$  systematic reviews
  - institutional reports
  - other

4. Suggesting updates of the international standards



## **GLOBEE milestones 2019-2021**

- EBHC Conference 2019
  - sharing proposal and informal meetings with delegates
- 2019-2021
  - involving scientific committee
  - developing a database of critical issues, available standards,
    EBHC organizations and individuals
  - website developing
  - website release for experts' feedback
- EBHC Conference 2021
  - website launch





## **GLOBEE milestones 2021-2023**

- EBHC Conference 2021
  - official website release
- 2021-2023
  - **GLOBEE dissemination**
  - international advocacy
  - monitoring implementation of the standards
- EBHC Conference 2023
  - GLOBEE impact evaluation







# GLOBORITOR FOR THE STATE OF THE

GLobal OBservatory on Ecosystem of Evidence

# www.globee.online





The GLobal OBservatory on Ecosystem of Evidence (GLOBEE) to monitor needs, publication and implementation of international standards aimed to improve generation, synthesis and translation of evidence into clinical and health policy decisions as well as into patients' choices.

Get involved

Name	Surname

